

# RECONCEPTUALIZING GENDER & HEALTH

## Gender & Health Related Resources

*RGH is committed to transparency and accountability.*

*We also are aware that this list is not exhaustive in topics or resources.*

*We invite you to reach out to us if there's something we should know about a resource listed here or if you'd like to recommend additional resources.*

*We are thankful for any feedback you may have: phone or text at 484-451-4101; or [email](#).*

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<b><u>Fatness and Fat Activism</u></b>	
<a href="#"><u>A Queer and Trans Fat Activist Timeline</u></a>	Multi-dimensional project concerned with documenting queer and trans fat feminist community histories and memories.
<a href="#"><u>Association for Size Diversity and Health (ASDAH)</u></a>	Non-profit organization with an international membership committed to the practice of the Health At Every Size® (HAES) Principles
<a href="#"><u>Fat Liberation Archive</u></a>	Collection of the fat liberation cultural and organizing history: zines, flyers, articles, audio recordings, and other evidence of the lives of fat liberation-oriented queers, anarchists, feminists, lesbians, and revolutionaries from the 1970s to today, mostly from the US and the UK.
<a href="#"><u>National Association to Advance Fat Acceptance (NAAFA)</u></a>	Non-profit, all volunteer, fat rights organization dedicated to protecting the rights and improving the quality of life for fat people.
<a href="#"><u>NoLose</u></a>	A volunteer-run organization dedicated to ending the oppression of fat people and creating vibrant fat queer culture. (f.k.a. the National Organizations for Lesbians of SizE)
<a href="#"><u>Sizeism, Fatphobia &amp; Fat Liberation</u></a>	Guide providing access to resources on sizeism, fatphobia, and fat liberation
<a href="#"><u>Unsolicited: Fatties Talk Back</u></a>	Podcast discussing how and why anti-fatness shows up in the hosts lives and relationships from fat liberationist perspectives.
<a href="#"><u>Your Fat Friend</u></a>	Aubrey Gordon's website about the social realities of life as a very fat person. Includes A Fat Reading List

<b>Intimate Partner Violence and Gender-based Violence</b>	
<u>Creative Interventions</u>	Resources to create community-based, collective responses to domestic, family, and sexual violence
<u><i>Toolkit: A practical guide to stop interpersonal violence</i></u>	Free download in English and Spanish
<u>Survived &amp; Punished</u>	National coalition that organizes to de-criminalize efforts to survive domestic and sexual violence, support and free criminalized survivors, and abolish gender violence, policing, prisons, and deportations
<u><i>Safety planning and intimate partner violence toolkit</i></u>	for those grappling with how to support survivors through intimate partner violence
<u><i>Supporting sex workers &amp; survivors: Lessons for defense campaigns</i></u>	Guide to grassroots defense campaigns in support of criminalized sex workers, survivors of violence and exploitation (sometimes called trafficking), people engaged in survival sex, and all those comrades in the sex trades facing violence from the carceral state
<u><i>#SurvivedandPunished: Survivor defense as abolitionist praxis</i></u>	Downloadable toolkit for organizing defense campaigns for criminalized survivors of violence
<u>A Self Defense Study Guide for Trans Women and Gender Non-Conforming/ Nonbinary AMAB Folks</u>	Offers strategies based in lived experience, ranging from using body language and creating safety in numbers, to training Brazilian Jiu-Jitsu moves

<b>Mental Health Resources</b>	
<u>Fireweed Collective</u>	Offers mental health education and mutual aid through a Healing Justice and Disability Justice lens. Offers support groups, webinars, workshops, crisis resources, and more

<b>Neurodiversity</b>	
<u>Autistic Self Advocacy Network Resources</u>	Advance the principles of the disability rights movement with regard to autism. Wide range of <a href="#">resources</a> including tool-kits, self-advocacy support, and books.
<u>Ed Wiley Autism Acceptance Lending Library</u>	Offers books, resources and information on autism from a neurodiversity and disability rights & justice perspective (physical lending only in WA, but online downloads & resources)
<u><i>Neurodivergent Narwhals</i></u>	Fun and informative infographics on lots of topics
<u><i>Neurodiversity 101: Narwhals</i></u>	Terms, definitions and facts – with Narwhals
<u>Neurodiversity Network</u>	Provides resources for neurodivergent job seekers and neurodivergent students, employers & universities, & the support of the neurodiverse community
<u><i>Neurodiversity 101</i></u>	Terms, definitions, facts, & professional coursework

<b>Reproductive and Sexual Health</b>	
<u><a href="#">In Our Own Voice National Black Women's Reproductive Justice Agenda</a></u>	National-state partnership focused on lifting up the voices of Black women leaders at the national and regional levels in our fight to secure Reproductive Justice for all Washington, DC.
<u><a href="#">Planned Parenthood</a></u>	Delivers vital reproductive health care, sex education, and information to millions of people worldwide.
<u><a href="#">Pregnancy Justice</a></u>	(f.k.a. National Advocates for Pregnant Women) "Pregnancy Justice defends the civil and human rights of pregnant people, focusing on those most likely to be targeted for investigation, arrest, detention, or family separation". If someone is facing charges related to a pregnancy, contact Pregnancy Justice at <a href="mailto:info@pregnancyjusticeus.org">info@pregnancyjusticeus.org</a>
<u><a href="#">Spark Reproductive Network</a></u>	Through grassroots organizing, advocacy, knowledge-building, and political development of our base and members in Georgia and across the US South. SPARK serves as an entry point and leadership pipeline for new social justice leaders, and a political home for Black women and young people, centering Black queer women, trans folx and folx living outside the gender binary. Georgia.

<b>Trans and Gender Diversity</b>	
<u><a href="#">The Trevor Project</a></u>	Leading suicide prevention and crisis intervention nonprofit for LGBTQ young people - provides information & support 24/7.
<u><a href="#">Get Help</a></u>	Immediate crisis support by text, chat, or phone
<u><a href="#">Understanding Gender Identities</a></u>	Resources on gender identities, transphobia, intersex identities and more
<u><a href="#">Trans Lifeline</a></u>	Grassroots hotline and micro-grants non-profit offering direct emotional and financial support to trans people in crisis
<u><a href="#">Resource Library</a></u>	Resource Library provided by Trans Lifeline

<b>Resources for Young Adults</b>	
<u><a href="#">Center for Young Women's Health</a></u>	Boston's Children's Hospital's website for young women and members of gender minorities. QA; health guides, and health chats on a wide range of topics. English, Spanish & Portuguese
<u><a href="#">Scarleteen</a></u>	Sex education for the real world (inclusive, comprehensive, supportive sexuality and relationships information for teens and emerging adults)
<u><a href="#">Sex, Etc</a></u>	Sex education for teens, by teens

<u>Trans Youth Sexual Health Booklet</u>	Distributed by UK-based organization supporting LGBTQ+ people in Lancashire to be happier, healthier and better connected
<u>Young Men's Health</u>	Boston's Children's Hospital's website providing carefully researched health information to teenage boys and young men. includes general, sexual and emotional health info