

Megan Fowler

Licensed Clinical Social Worker with extensive experience in direct clinical practice in academic and medical multidisciplinary settings. Experienced field instructor, clinician, and student program coordinator with strong community relationships. DSW candidate for the University of Pennsylvania, class of 2024, pursuing dissertation regarding impact of prolonged, traumatic hospitalizations on infant/parental attachments.

WORK EXPERIENCE

University of Tennessee Knoxville, Nashville Campus

MSW Adjunct Professor

- Course instructor for: Interpersonal Practice with Adult Individuals
Anti-Oppressive and Radical Social Work Practice
- Nashville, TN
August 2022- present

Intrepid College Preparatory School, Independence Academy

School Social Worker

Nashville, TN
July 2021-August 2023

- Provide individual and group counseling for grades 9 & 12. Therapeutic modalities include risk assessment, trauma informed CBT, DBT, and solution focused therapy to assist with psychosocial stressors impacting school performance and emotional growth and development.
- Facilitate psychoeducation and social skills groups for students struggling with peer relationships, eating disorders, and inattention.
- Partner with school culture team to educate staff on psychologically safe classrooms and culturally sensitive practices.
- 504 Coordinator for students with special needs requiring accommodations.

Monroe Carell Jr. Children's Hospital at Vanderbilt

Nashville, TN

Social Worker & Hospital Student Program Coordinator, Neonatal Intensive Care Unit *October 2015-June 2021*

- Conduct clinical assessments for parents/caregivers of hospitalized infants ages 0-1 who are admitted to the NICU. Provide ongoing support and concrete resources, including individual and family therapy, to assist with the acute trauma and chronic stressors associated with NICU stay.
- Primary populations include premature infants with complex respiratory needs, particularly tracheostomy/ventilator dependency, babies requiring invasive surgeries during infancy and across their lifespan, and babies with in-utero drug exposure.
- Liaison for medical team and Department of Children's Services. Ensure safe and appropriate discharge plan is in place for high-risk infants due to medical neglect or physical abuse.
- Coordinate and moderate family care conferences with caregivers and medical team. Empower family to voice concerns and questions and ensure accurate understanding of baby's needs and expectations for quality of life.
- Therapeutic modalities and theory include trauma informed risk assessment, bereavement counseling, attachment theory, CBT, motivational interviewing, and DBT.
- Community partner and liaison for prospective MSW student interns.
 - Communicate with local and out of state university programs regarding MSW (second year and advanced standing) applicants. Coordinate student interviews and determine goodness of fit for elite internship placement at Vanderbilt.
 - Develop and implement hospital wide orientation for incoming students and curate learning experience to ensure internship is parallel to the university's vision.
 - Supervise field instructors and manage micro or macro level issues that occur within the student/field instructor or university/hospital relationship.
 - Field Instructor for Master of Social Work Students, 2017-2020.
 - Work individually and in group settings to teach future social workers how to advocate and practice within the hospital setting. Instruct students on how to effectuate theory into direct clinical work and find their role within the multidisciplinary team.
 - Train students on how to utilize therapeutic interventions to enhance the lives of their patients and clients while promoting self-determination.
 - Support students during traumatic experiences, including severe child abuse and death, and foster safe supervision environment to process challenges.
- Additional roles/responsibilities include:
 - Lead yearly resident lecture series to educate new medical interns on role of social work.
 - Organize and facilitate orientation to social work for incoming NICU nurses.

- Member of NICU and hospital wide Bereavement Committees.

Children's Hospital at Montefiore Medical Center

Social Worker, Pediatric Critical Care Unit/Liver Transplant

Bronx, NY

August 2014-September 2015

- Conduct clinical assessments to address bio/psycho/social needs for patients and families affected by chronic, acute, and terminal illnesses. Assess patients and families for liver transplant candidacy- provide comprehensive treatment to address psychosocial barriers for transplant according to New York State Organ Donor Law.
- Provide health education and referrals to city, state and federal programs, as well as support for families from MMC's International Department and New York City's homeless/shelter population.
- Collaborate with an interdisciplinary team to ensure a safe and appropriate discharge to the community. Co-chair of Always in Our Hearts, Montefiore's Bereavement Committee.

My LD Tutor

Academic Consultant

New York, NY

January 2014-August 2015

- Program developer for private tutoring company designed to assist various learning styles and disabilities. Designed research-based evaluation system for parents, students, and teachers to determine the effectiveness of interventions. Manage social media and assist in development of marketing strategies.

Mt. Washington Pediatric Hospital

Certified Child Life Specialist

Baltimore, MD

June 2010-August 2012

- Promoted the optimal development of children ages 0-21 through assessment and treatment planning. Assisted patients with planning and rehearsing coping strategies through role play and exploration of medical equipment. Executed full developmental evaluations and chart notes for patients 0-21 years with complex medical issues, both developmentally appropriate and with severe and profound delays.
- Volunteer Program and Student Coordinator
 - Interviewed large pool of candidates for competitive volunteer position.
 - Developed curriculum for selected volunteers and facilitated month long orientation. Orientation responsibilities included:
 - Teaching volunteers how to manage respiratory needs for children with tracheostomies and ventilators. Educating volunteers on developmentally appropriate play experiences for extremely medically fragile babies.

EDUCATION

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- University of Pennsylvania, School of Social Policy and Practice Philadelphia, PA
Doctor of Social Work
Class of 2024
 - New York University, Silver School of Social Work New York, NY
Master of Social Work
 - Field of Practice in Social Work and Health
 - GPA 3.9 cumulative
 - Relevant coursework including but not limited to:
 - Clinical practice with individuals and groups
 - Diversity, race, oppression, and poverty
 - Social welfare programs and policies for children and families
 - Research I and II
 - Field Instruction
 - Human Behavior I-III
 - Semester abroad at New York University, Paris
 - Coursework: International Perspectives: Sex and Death in Paris
 - Stevenson University, Class of 2010 Baltimore, MD
Bachelor of Science, Human Services
 - GPA 3.71 cumulative
 - Dean's List, 2006-2010

RESEARCH

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- Theories of Attachment in Early Development
 - The Impact of Culture on an Individual and/or Group's Coping with Grief
 - Parental Grief Related to Perinatal Mortality
 - DSM-5 Implications for French and American Mental Health Professionals
 - Scholarly review of: Race and Hospital Diagnoses of Schizophrenia and Mood Disorders and Help-Seeking Behaviors among Chinese Americans with Depressive Symptoms

CERTIFICATIONS AND SKILLS

- Licensed Clinical Social Worker, TN
- Member of Infant Association for Mental Health in TN
- Completed Seminar Training in Field Instruction through Columbia University, 2018
- Leadership Education in Neurodevelopmental Disabilities fellow, 2012-2013
 - Conducted paid research on the correlation between children with behavioral disorders and incidences of parental depression.
- Certified Child Life Specialist, 2010
- Certified Educator of Infant Massage, 2010
 - Current infant massage instructor at *Nurture Nashville Yoga*
 - Lead educational workshops on how to facilitate infant massage sequences at home with the goal to enhance parent/baby relationship.
- Respiratory trained to work with ventilator/tracheotomy dependent patients, including suctioning and emergency tracheotomy replacement.
- Proficient in Allscripts Enterprise, Epic Hyperspace, Meditech, Centricity EMR, Canvas, and Microsoft Office systems.