

Amasa Smith, LICSW

(He, Him, His)

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Education:

University of Pennsylvania

Doctorate of Clinical Social Work (DSW)

Philadelphia, PA

May 2025 (expected)

Boston College

M.S.W, Clinical, Concentration in Mental Health

Chestnut Hill, MA

May 2015

Bryant University

B.A., Applied Psychology

Minor: Business Administration

Smithfield, RI

May 2012

Professional Licensure:

Licensed Independent Clinical Social Worker (122577) Massachusetts

Licensed Independent Clinical Social Worker (ISW03251) Rhode Island

Licensed Clinical Social Worker (09925111) Colorado

Related Experience:

Smith Psychotherapy LLC

Owner & Psychotherapist

Boston, MA

September 2020 – Present

- Implement evidence-based CBT, ERP, ACT, DBT, and MI interventions through weekly individual therapy services to adults and college student populations.
- Provide inclusive therapeutic services to clients from the LGBTQ+ community and other diverse racial/ethnic, class, and other cultural backgrounds.
- Participate in a biweekly professional consultation group.
- Execute all managerial tasks, including billing, insurance accreditation, networking, advertising/marketing, HIPPA compliance, and bookkeeping.

Bryant University

Part-Time / Temporary Staff Therapist

Smithfield, RI

February 2021 – May 2021

- Implemented in-person and individual telehealth therapy for the Bryant student population
- Maintained timely and detailed clinical documentation in Titanium EHR

University of Colorado Boulder

Boulder, CO

Licensed Clinical Social Worker

October 2017 – August 2020

- Engaged in direct services with students through short-term individual therapy, group therapy interventions, and campus outreach events
- Clinically implemented evidenced-based therapeutic interventions, including CBT, ERP, MI, DBT, and ACT
- Evaluated students' presenting psychosocial concerns through walk-in clinic coverage and provided appropriate on and off-campus treatment referrals
- Provided weekly individual clinical supervision to Post-MSW Fellows, and biweekly administrative supervision to Counselor in Residence Post-Doctoral Psychologist
- Collaborated in the development and construction of the counseling center's Walk-In / Triage Team
- Autonomously fulfilled the role of counseling center liaison to Residence Life through fostering relationships with campus partners, provided mental health consultation at weekly Residence Life meetings, and designed training for professional and student staff
- Developed and implemented suicide prevention training for all 250 Resident Assistants during orientation
- Conducted the Brief Alcohol Screening and Intervention for College Students (BASICS) and diagnostic substance abuse evaluations for students involved with campus conduct and the municipal court system
- Developed and facilitated the first OCD Skill & Process Therapy group at CU Boulder Counseling and Psychiatric Services
- Performed psychiatric safety assessments of students and completed psychiatric holds when warranted
- Participated in weekly interdisciplinary case consultation meetings
- Completed timely and professional documentation of clinical encounters in Medicaat EHR
- Utilized HIPPA compliant telehealth platform with the implementation of both individual and group therapy

Boulder Community Hospital

Boulder, CO

TLC Clinical Intake Evaluator

November 2017 – April 2018

- Administered psychiatric evaluations of children and adults in an emergency department setting
- Determined appropriate level of care in collaboration with an interdisciplinary team and made corresponding treatment referrals
- Communicated with health insurance providers and conducted authorizations for inpatient level of care

McLean Hospital

Belmont, MA

Clinical Social Worker Associate Short Term Unit & Float Case Manager

May 2015 – August 2017

- Performed initial intake interviews, risk assessments, and crisis evaluations of new patients
- Treated multi-culturally diverse patient populations in individual and group therapy in varied acute inpatient units and partial hospital programs
- Provided caregivers and families with support to increase family cohesiveness throughout the treatment process
- Tailored treatment plans and case management based on unique presenting concerns and socio-contextual factors/affordances
- Effectively utilized health care and community resources to maximize patients' well-being in aftercare treatment plans

- Contributed to an interdisciplinary team including social workers, psychologists, psychiatrists, and psychiatric nurses
- Collaborated with outside treatment providers: therapists, psychiatrists, hospitals, the Department of Mental Health, and the Department of Child and Family
- Proficient in Meditech and Epic electronic medical record systems
- Covered aforementioned case management duties within the following psychiatric programs:
 - Adult Behavioral Health Partial Hospital Program, Alcohol & Substance Abuse Partial Hospital Program, Inpatient Psychotic Disorders Units, Inpatient Geriatric Unit, Inpatient Dementia Unit, and Inpatient Detoxification Unit

McLean Hospital Southeast

Middleborough, MA

Adult Inpatient Unit & Adult Partial Hospital Program

September 2014 – May 2015

Social Work Intern

- Facilitated clinical case management duties in both the Adult Inpatient Unit and Adult Partial Hospital Program
- Worked with patients and families to develop treatment objectives and aftercare planning
- Ran weekly psychoeducational groups with a primary focus on CBT and DBT interventions
- Designated team leader on a research project exploring the impact of family involvement within treatment on an inpatient psychiatric unit
- Presented clinical information to treatment teams during daily clinical rounds, including psychosocial assessment reports

The COMPASS School

Dorchester, MA

Social Work Intern

September 2013 – June 2014

- Worked individually with students ages 6-19 in High School, Middle School, & Elementary School
- Conducted weekly individual therapy sessions with an assigned caseload of students
- Developed and ran a social skills group therapy curriculum for children ages 6-13
- Implemented crisis intervention and therapeutic de-escalation techniques with at-risk adolescents
- Underwent Crisis Prevention Institute training to safely restrain individuals in crises
- Interacted and engaged within the milieu to promote a healthy therapeutic environment

Professional Development & Memberships

- International OCD Foundation Behavioral Therapy Training Institute (October 2021)
- 6-week ACT for Beginners online training instructed by Russ Harris (November – December 2020)
- Harvard Medical School / McLean Hospital Prolonged Exposure Therapy 2-Day Workshop (09/20)
- Cognitive Processing Therapy for PTSD 2-Day Workshop (07/20)
- Boston College School of Social Work Continuing Education Field Supervision Workshop (06/20)
- The Gottman Institute Level 1 Certificate Couples Therapy Training (04/19)
- The Beck Institute: Essentials of CBT (06/18)
- Harvard Medical School Middle School through College Mental Health and Education Conference (11/16)

- Boston Psychoanalytic Society and Institute W.R.D. Fairbairn Course (01/17)
- National Association of Social Workers (NASW) Membership
- Association for Contextual Behavioral Science (ACBS) Membership
- International OCD Foundation (IOCDF) Membership
- Psi Chi (International Honors Society in Psychology) Membership