Adam Clark, MSW, LCSW, AASW

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Education

DSW The University of Pennsylvania, School of Social Policy & Practice
Program: Doctorate of Advanced Clinical Social Work
Expected Graduation: 2024 (Current Candidate)

MSW The University of Denver, Graduate School of Social Work, Denver, CO
Program: Master of Social Work (MSW) Degree Program, 2014
Concentration: Family Systems
Certification: Animal Assisted

BS The College of Saint Rose, Albany, New York
Program: Bachelor of Social Work (BSW) Degree Program, 2013

Academic Distinctions

The University of Denver

- Ruth Marx Stark Award for Excellence in Field Practice, 2014
- Dean's List Standing all Academic Quarters, Cumulative GPA 3.98

The College of Saint Rose

- Service & Appreciation Award, 2012
- Senior Social Work Award, 2012
- Tau Sigma Honor Society Scholarship ($750), 2012
- Making The Difference Saint Rose Scholarship ($7,000), 2012
- Dean's List Standing, Cumulative GPA 3.91

Licensure & Certifications

- Licensed Clinical Social Worker, CSW.09924908, State of Colorado, Active
- Licensed Clinical Social Worker, L8122, State of Oregon, Active
- Certification in Animal Assisted Social Work, University of Denver, GSSW, 2014
- Certification in Positive Neuroplasticity, Portland Oregon, PESI, 2020
- Certified Personality Disorder Treatment Provider, Evergreen Certification, 2021
- Certified Integrative Mental Health Professional, Evergreen Certification, 2022
- Certified in Dialectical Behavior Therapy, Evergreen Certification, 2022
- Trained & Specialized in Gender-Affirming Surgery Letters (LGBTQIA+), 2022

Teaching Appointments (Adjunct Faculty & Affiliate Faculty)

The Graduate School of Social Work at University of Denver
Graduate School of Social Work, Adjunct Professor, 2016 - Present
Institute for Human-Animal Connection, Affiliate Faculty, 2018 - Present
Field Education, Field Liaison, 2019 – 2020

The School of Social Work at The College of Saint Rose
Undergraduate & Graduate Schools of Social Work, Adjunct Professor, 2020 - 2022

The Graduate School of Social Work at Portland State University
Graduate School of Social Work, Adjunct Professor, 2021 - 2022

Courses Taught *(2016-Present)*

University of Denver Graduate School of Social Work, Denver, Colorado
SOWK 4001: Clinical Social Work Skills (x8)
SOWK 4003: Clinical Social Work Theory and Practice (x6)
SOWK 4235: Disproportionality and Disparities Across Systems
SOWK 4250: Concentration Seminar I, II & III
SOWK 4330: Assessment of Mental Health in Adults
SOWK 4338: Assessment of Mental Health Across the Lifespan (x17)
SOWK 4340: Leadership and Supervision Skills (x2)
SOWK 4730: Cognitive Behavioral Therapies (x2)
SOWK 4741: Grief & Loss Across the Lifespan (x8)
SOWK 4784: Suicide Assessments and Interventions
SOWK 4970: Concentration Field
SOWK 4795: Integration of Animals into Therapeutic Settings
SOWK 4795: Foundations for Human-Animal-Environment Interactions
SOWK 4796: Animal Assisted Social Work Practice
SOWK 4990: Virtual Field Experience I & II (x2)

The College of Saint Rose, School of Social Work, Albany, New York
SWK 114: Introduction to Social Work (Undergraduate)
SWK 489: Understanding & Influencing Policy (Undergraduate)
SWK 589: Policy Practice (Graduate)
SWK 680: Into to Animal-Assisted Interventions (Graduate)

Portland State University, Graduate School of Social Work, Portland, Oregon
SWK 530: Practice with Individuals and Families I: Theory and Engagement (Graduate)
SWK 531: Practice with Individuals and Families II: Theory and Assessment (Graduate)

Clark, A. *SOWK 4001: Clinical Social Work Skills*
(MSW@Denver Online) This foundation course focuses on basic skills for micro social work practice with individuals and small groups. The framework of intentional interviewing teaches students to think critically about applying the skills for engagement, assessment and intervention. Attention focuses on use of these skills with clients from multiple social identities (e.g. ethnic, racial, sexual orientation, gender affiliation) and the pitfalls of practitioner micro-aggressions. An active learning approach requires students to participate in role-play exercises both in and outside of class. Students digitally record some of those exercises and share them with the class and instructor.

Quarters Taught: Winter 2018, Fall 2018, Summer 2019, Fall 2019 (x2), Winter 2020, Fall 2021, Fall 2022

Clark, A. *SOWK 4003: Clinical Social Work Theory and Practice*
(MSW@Denver Online) This foundation course helps students develop a multi-dimensional assessment and intervention framework for clinical social work practice. This course builds upon knowledge of human behavior in the social environment and adds a focus on theories of change - at the individual and family level. The course is grounded in empirical information about the importance of relationship skills, across a variety of classic and modern approaches to intervention. We use a social work lens to emphasize the importance of context in client lives, including their socioeconomic status, cultural history, and experiences of oppression. Since no single theory captures the totality of human experiences, we integrate a variety of intervention techniques from multiple human behavior theories and ground them in a social work framework for ethical and effective clinical practice.

Quarters Taught: Summer 2019, Spring 2020, Summer 2020, Spring 2022, Summer 2022 (x2)

Clark, A. *SOWK 4235: Disproportionality and Disparities Across Systems*
(MSW@Denver Online) This course will explore the interrelatedness of institutional racism and discrimination across major social systems within the U.S., focusing on the historical context of current racial disproportionalities and disparities in youth service systems such as child welfare, juvenile justice, mental health, education, and health. Using a critical lens, the course is designed to help students analyze how policy decisions have long-range impact on generations; specifically, for children and youth of color. Students will have the opportunity to apply this critical lens to their current field placement and the youth populations they serve. As an elective course, the class is open to all GSSW students; however, students concentrating in child welfare, children and youth, and families are especially encouraged to take the course.

Quarters Taught: Winter 2020

Clark, A. SOWK 4250: Concentration Seminar I, II, III
(MSW@Denver Online) This course is taken (by distance education students only)

concurrently with the concentration year field practicum and the concentration year required courses. The purpose of this course is to integrate the concentration field experience and concentration year course work to prepare students for employment as professional social workers. This is also an evolving seminar co-created between faculty and students. Clinical issues and skill development at a more advanced clinical level is integrated into the seminar format as well as topics the student and faculty members agree upon that will enhance their first year learning. Prerequisite: SOWK 4150.

Quarters Taught: Fall 2019, Winter 2020, Spring 2020

Clark, A. SOWK 4330: *Assessment of Mental Health in Adults.*
(Canvas Online) Focuses on the assessment of psychological, social and biological contributors to mental health disorders in adults and the use of this assessment as a guide for treatment/clinical interventions. Examines the strengths and weaknesses of the DSM-IV classification system in terms of social work values and ethics. Examines symptoms, theories of etiology, treatment interventions and prognosis within each diagnostic category, and reviews a variety of assessment tools in the context of gender, ethnicity, cultural diversity, sexual orientation and historically oppressed and/or disadvantaged populations.

Quarters Taught: Winter 2021

Clark, A. SOWK 4338: *Assessment of Mental Health Across the Lifespan*.
(MSW@Denver Online) This course focuses on the assessment of psychological, social and biological contributors to mental health disorders in children, youth, adults and older adults, and the use of this assessment as a guide for treatment/clinical interventions. It examines the strengths and weaknesses of the DSM-5 classification system in the context of social work values and ethics. It examines symptoms, theories of etiology, treatment interventions and prognoses within each diagnostic category and reviews a variety of assessment tools in the context of gender identity and expression, ethnicity, cultural diversity, sexual orientation and historically oppressed and/or disadvantaged population.

Quarters Taught: Winter 2019, Summer 2019, Winter 2020, Spring 2020, Summer 2020 (x2), Winter 2021 (x2), Spring 2021, Fall 2021 Winter 2022 (x2), Spring 2022, Summer 2022, Fall 2022, Winter 2023 (x2)

Clark, A. *SOWK 4340: Leadership and Supervision Skills*
(MSW@Denver Online) This course examines the application of leadership and supervision theories to practice settings in communities, organizations and policy contexts. A focus is placed on leadership roles and an examination of leadership styles, with an emphasis on the skills of transformational leadership and supervision. Topics covered include team leadership and supervision, one to one supervision skills, managing conflict, personnel management, and cross cultural work.

Quarters Taught: Summer 2019, Fall 2021

Clark, A. *SOWK 4730: Cognitive Behavioral Therapies*
(MSW@Denver Online) This course examines major cognitive behavioral therapies (CBT) suggesting methods focusing on clients' problem-solving abilities, building on client strengths, targeting specific thought patterns that impede clients from reaching goals, and assessing outcomes in terms of changes in thinking and behavior. Theory is applies to individuals, dyads, families, and groups. Additionally, this course examines relevant research suggesting both indication and counter-indications of approaches.

Quarters Taught: Fall 2020 (x2)

Clark, A. *SOWK 4741: Grief & Loss Across the Lifespan*.
This course is designed to prepare students to understand social work roles and practice (engagement, assessment, intervention and evaluation) in working with those experiencing loss across the life span.

Quarters Taught: Fall 2016, Spring 2017, Fall 2017, Spring 2018, Fall 2018, Spring 2019 (x2), Spring 2021

Clark, A. *SOWK 4970: Concentration Field Internship*
(MSW@Denver Online) Concentration students participate in planned practice experience that integrates classroom theory, the learning of practice skills and the continued development of social work attitudes, ethics and values. Prerequisite for two-year students: Successful completion of foundation-year coursework and field internship. Field must be taken concurrently with concentration-year coursework, or after core concentration coursework. Concentration-year field requires a minimum of 15 hours a week experience at the assigned field agency. Any deviation from this standard requirement must be approved by the Director of Field Education.

Quarters Taught: Fall 2019, Winter 2020, Spring 2020, Summer 2020, Summer 2021

Clark, A. S*OWK 4795: Foundations for Human-Animal-Environment Interactions*
Foundational course with broad survey of the field and value exploration. Introduction to cultural and social justice aspects of human-animal-environment interactions. Formation of personal HAEI-SW vision and ethical framework, and beginning of culmination project concept development

Quarters Taught: Summer 2021

Clark, A. S*OWK 4796: Animal Assisted SW Practice*. [Before Revamp 7/7/2021]
This course provides a comprehensive examination of approaches to Animal Assisted Social Work (AASW) and emphasizes clinical application skills utilized with a broad array

of persons and in a number of therapeutic settings. Students will learn to design, implement and analyze the efficacy of AASW approaches within their chosen area of specialization, providing an opportunity to practice these approaches in their field internships. Students will learn to clearly articulate, assess, and intervene in "link" violence as it relates to social work practices and AASW implications. A required course for the Animal-Assisted Social Work Certificate. Prerequisite: SOWK 4795 or permission of instructor.

Quarters Taught: Winter 2019

Clark, A. S*OWK 4990: Virtual Field Experience (VFX).*
This topics course provides students with the opportunity to learn content appropriate to graduate social work education that is not currently incorporated into the standard MSW curriculum. Given the ever-changing nature of social work practice, theory, and research, topics of importance emerge each year that have particular relevance for a period of time or may be new emergent topics that will have relevance for the future of the discipline of social work. As such, this course provides a mechanism through which courses may be offered on a one-time basis. Topics may be related to social work practice, theory, or research. Topics vary from term to term and may be limited by program administrators, faculty, or by student interest.

Quarters Taught: Fall 2020, Winter 2021, Spring 2021, Summer 2021

Co-Teaching Appointment

Clark, A., Tedeschi, P., Trojan, M. (August, 2015). *SOWK 4795: Integration of animals into therapeutic settings.* Co-taught Summer Intensive Course for Animal Assisted Social Work Students at the University of Denver Graduate School of Social Work, Denver, Colorado.

The College of Saint Rose, Albany, New York

SWK 114: Introduction to Social Work (Undergraduate)
SWK 489: Understanding & Influencing Policy (Undergraduate)
SWK 589: Policy Practice (Graduate)
SWK 680: Intro to Animal – Assisted Interventions (Graduate)

Clark, A. *SWK 114: Introduction to Social Work: Self-Awareness and Social Relations.*
*(*Canvas Online*)* A workshop-style intensive course to assist students in becoming more aware of their unique ways of communicating and more ready to communicate effectively with others.

Clark, A. *SWK 489: Understanding & Influencing Policy.*
(Canvas Online*)* In this macro practice course, students will have the opportunity to

identify and critique social policies at a variety of levels from the personal to the national, as well as opportunities to identify, develop and influence policy through several practical experiences including using the media, participating in civil actions, and lobbying. Through "The Policy Project," a series of assignments in which students employ the problem-solving approach, students will make major contributions to their field organizations and/or to larger populations of clients.

Clark, A. *SWK 589: Understanding & Influencing Policy.*
(Canvas Online*)* In this macro practice course, students will have the opportunity to identify and critique social policies at a variety of levels. The focus of the course will be on linking policy to the experiences that the student is having in their field practicum and to prepare them to work in this multi-level policy and practice environment.

Clark, A. *SWK 680: Intro to Animal – Assisted Interventions (Graduate)*
(Canvas Online) This course provides an introduction to the integration of animals into therapeutic settings. The course will discuss important considerations when applying human-animal interaction from a social work perspective. This course takes into consideration the important aspects of animal welfare, the link between human-animal interaction and considerations for further practice, and a beginning overview of veterinary social work application(s).

Portland State University, Portland, Oregon

SWK 530: Practice with Individuals and Families I: Theory and Engagement
SWK 531: Practice with Individuals and Families II: Theory and Assessment

Clark, A. *SWK 530: Practice with Individuals and Families I: Theory and Engagement*
The first in a two-course sequence focusing on social work practice with individuals and families and integration of theory into practice. Students will develop engagement and exploration skills for working with individuals and families. They will critically evaluate and apply commonly used human development theories during the engagement and exploration phase of generalist practice. A framework for critical evaluation will be presented for comparing, applying, and evaluating various development theories covered in the course. Corequisite: SW 511. Taught 9/27/21-12/11/21.

Clark, A. *SWK 531: Practice with Individuals and Families II: Theory and Assessment*
The second in a two-course sequence focuses on social work practice with individuals and families and integration of theory into practice. Students will develop assessment and intervention skills for working with individuals and families. They will critically evaluate and apply commonly used human development theories during the assessment and intervention phase of generalist practice. A framework for critical evaluation will be used to compare, apply, and evaluate various human development theories covered in the course. Prerequisite: SW 530. Corequisite: SW 511. Taught 1/3/22-3/19/22.

Institute for Human Animal Connection at University of Denver GSSW:

Animals in Human Health Professional Certification
Orientation to Animal-Assisted Interventions (x2)
Animal Partners in Animal-Assisted Interventions (x2)

Pearson, J. & **Clark, A**. (10/26/19 - 12/14/19). *Animal Partners in Animal-Assisted Interventions - 8 CEUs*. This professional development course provides an introduction to the field of human-animal interactions, including topics addressing the impact of the human-animal bond across lifespans, animal-assisted interventions (including animal-assisted activities and animal-assisted therapy), and considerations for the welfare of working animals.

Clark, A. (2/29/20 - 4/11/20). *Animal Partners in Animal-Assisted Interventions - 8 CEUs*. This professional development course provides an introduction to the field of human-animal interactions, including topics addressing the impact of the human-animal bond across lifespans, animal-assisted interventions (including animal-assisted activities and animal-assisted therapy), and considerations for the welfare of working animals.

Leslie, A. & **Clark, A.** (4/18/20 - 5/16/20). *Orientation to Animal-Assisted Interventions*. This professional development course provides an introduction to the field of human-animal interactions, including topics addressing the impact of the human-animal bond across lifespans, animal-assisted interventions (including animal-assisted activities and animal-assisted therapy), and considerations for the welfare of working animals.

Clark, A. (10/24/20 – 11/21/20). *Orientation to Animal-Assisted Interventions*. This professional development course provides an introduction to the field of human-animal interactions, including topics addressing the impact of the human-animal bond across lifespans, animal-assisted interventions (including animal-assisted activities and animal-assisted therapy), and considerations for the welfare of working animals.

Academic Workshops

1. **Clark, A.**, & Clark, K. (October, 2015). *Exploring interactivity, connectivity, and the umwelt theory within therapeutic interactions and the human-animal bond.* Interactive workshop for Animal Assisted Social Work Students from University of Denver Graduate School of Social Work at Zoology Foundation, Crooked Willow Farms, Larkspur, Colorado.

2. **Clark, A.**, & Tedeschi, P. (May, 2015). *Humane education, the human-animal bond, and the umwelt theory.* Interactive workshop for Animal Assisted Social Work Students from University of Denver Graduate School of Social Work at Zoology Foundation, Crooked Willow Farms, Larkspur, Colorado.

Guest Lectures

1. **Clark, A.** (October, 2019). *Clients experience of pet loss, grief, and bereavement with an overview of the associated cultural stigma, clinical focus*. Guest lecture for Graduate Students at Virginia Commonwealth University School of Social Work.

2. **Clark, A**. (August, 2019). *Clients experience of pet loss, grief, and bereavement with an overview of the associated cultural stigma, clinical focus.* Guest lecture for Animal Assisted Social Work Graduate Students at the University of Denver Graduate School of Social Work.

3. **Clark, A**. (March, 2019). *Preparing Social Workers to Address Pet Loss, Bereavement, and Related Stress.* Guest lecture for Graduate Students at the College of St. Rose Masters of Social Work Program.

4. **Clark, A**. (November, 2016). *Clients experience of pet loss, grief, and bereavement with an overview of the associated cultural stigma, clinical focus.* Guest lecture for Animal Assisted Social Work Graduate Students at the University of Denver Graduate School of Social Work.

5. **Clark, A**. (May, 2016). SOWK 4795: *Clients experience of pet loss, grief, and bereavement with an overview of the associated cultural stigma, clinical focus.* Guest lecture for Animal Assisted Social Work Graduate Students at the University of Denver Graduate School of Social Work.

6. **Clark, A**. (January, 2016). SOWK 4796: *Relationship building and rapport maintenance in the therapeutic alliance through animal-assisted interventions*. Guest lecture for Animal Assisted Social Work Graduate Students at the University of Denver Graduate School of Social Work.

7. **Clark, A.** (November, 2015). SOWK 4795: *Clients experience of pet loss, grief, and bereavement with an overview of the associated cultural stigma, clinical focus.* Guest lecture for Animal Assisted Social Work Graduate Students at the University of Denver Graduate School of Social Work.

8. **Clark, A.** (May, 2015). SOWK 4795: *Clinical interventions within the clients experience of pet loss, grief, and bereavement.* Guest lecture for Animal Assisted Social Work Graduate Students at the University of Denver Graduate School of Social Work.

9. **Clark, A.** (November, 2014). SOWK 4795: *Working with clients through pet loss, grief, and bereavement.* Guest lecture for Animal Assisted Social Work Graduate Students at the University of Denver Graduate School of Social Work.

10. **Clark, A.** (August, 2014). SOWK 4795: *Working with clients through pet loss, grief, and bereavement.* Guest lecture for Animal Assisted Social Work Graduate Students at the University of Denver Graduate School of Social Work.

11. **Clark, A.** (May, 2014). SOWK 4795: *Working with clients through pet loss, grief, and bereavement.* Guest lecture for Animal Assisted Social Work Graduate Students at the University of Denver Graduate School of Social Work.

Selected Presentations

Refereed Symposiums

1. **Clark, A**., Pearson, J., Tedeschi, P., & McDonald, S. E. (October, 2015). *Preparing social workers to address pet loss, bereavement, and related stress*. Interactive Workshop in the Clinical Practice Track, 61st Annual Program Meeting of the Council on Social Work Education, Denver, CO.

Invited Scholarly Symposiums

1. **Clark, A.**, McVety, D. (July, 2018). *The Human -Animal Bond & Veterinary Medicine*. Presentation at American Veterinary Medical Law Association, "25th Annual Continuing Education Seminar." Denver, Colorado.

2. **Clark, A.** (April, 2015). *Building children's resiliency through their first pet loss experience*. Presentation at Human-Animal Interaction Conference, "Growing Together: Children, Animals and Sowing the Seeds of Resiliency." Green Chimney's, Brewster, New York.

3. **Clark, A.** (October, 2014). *Enmeshment and detachment within the human-animal bond.* Presentation at 43rd Annual Veterinary Technicians Conference, Colby Community College, Colby, Kansas.

4. **Clark, A.** (November, 2013). *Assisting your clients with pet bereavement, grief, and loss.* Interactive workshop at VCA Veterinary Specialists of Northern Colorado, Education Retreat, Loveland, Colorado.

Community Trainings, Lectures & Workshops

1. **Clark, A.** (Forthcoming, December, 2019). *Coping through the Holidays with Pet Loss & Related Stress.* Educational Q&A for Barkbox, Virtual, Ohio.

2. **Clark, A.** (Forthcoming, December, 2019). *Coping through the Holidays with Pet Loss & Related Stress.* Educational Q&A for Barkbox, Virtual, Ohio.

3. **Clark, A.** (Forthcoming, December, 2019). *Coping through the Holidays with Pet Loss & Related Stress.* Educational Q&A for Barkbox, Virtual, Ohio.

4. **Clark, A.** (February, 2019). *Pup Loss Companion Program.* Educational Q&A for Barkbox, Virtual, Ohio.

5. **Clark, A.** (September, 2018). *The Application of Animal Assisted Social Work in a Pediatric Hospital Setting.* Lecture for Children's Hospital of Colorado Pediatric Social Work Department, Aurora, Colorado.

6. **Clark, A.** (May, 2016). *Four legged support: Clinical Implications of pet ownership throughout end of life.* Lecture for Suncrest Home Health and Hospice, Denver, CO.

7. **Clark, A.** (March, 2016). *Endings and transitions: a focus on canine loss & bereavement*. Lecture for Denver Pet Partners held at their monthly team meeting, Denver, Colorado.

8. **Clark, A.** (February, 2016). *Clinical social work, how I created my own niche and business, becoming a private practitioner and writer*. Round-table rotating discussion at Graduate School of Social Work Industry Dinner for graduate students held at University of Denver, Denver, Colorado.

9. **Clark, A.** (February, 2016). *Supporting the grieving client highlighting children and loss.* Interactive training for Freedom Service Dogs of America, Denver, Colorado.

10. **Clark, A.** (January, 2016). *Transitions and their impact on the helping professional: a focus for animal-assisted practitioners.* Lecture for Animals & Human Health Certificate Cohort, held at University of Denver, Denver, Colorado.

11. **Clark, A.**, Bareis, J. (November, 2015). *Social services role within hospice and the end of life process*. Interactive training for Suncrest Hospice Volunteers, Denver, Colorado.

12. **Clark, A.** (January, 2015). *Working with your clients while navigating self-care strategies for the veterinary technician.* Training for Senior Veterinary Technicians from Front Range Community College, training held at Colorado State University Veterinary Teaching Hospital, Fort Collins, Colorado.

13. **Clark, A.** (November, 2014). *Communication, self-care, and quality of life discussion in regards to client-patient interaction*. Interactive workshop for Senior Veterinary Student Volunteers for Pet Hospice at the Colorado State University Veterinary

Teaching Hospital, Fort Collins, Colorado.

14. **Clark, A.** (October, 2014). *Difficult conversations and awkward communication.* Interactive training for Urban Vet Care Veterinary Clinic, Denver, Colorado.

15. **Clark, A.** (May, 2014). *Working with clients through pet loss, grief, and bereavement.* Interactive workshop at University of Denver Graduate School of Social Work Community Room, Denver, Colorado.

16. **Clark, A.**, Di Pirro, K., Tedeschi, P. (August, 2013). *Key factors: integration of therapeutic animals in prisons*. Invited presentation for the Colorado Correctional Industries Executive Staff & Administration within the Prison Districts, Canon City, Colorado.

Publications

Textbook Chapters

Clark, A. (In Progress). The complete journey: Navigating the death, dying & grief of a therapy animal partner. In A. Fine (Ed.), *Handbook on Animal-Assisted Therapy: Foundations and Guidelines for Animal-Assisted Interventions* (6th Ed.). Academic Press.

Cohen, S. & **Clark, A**. (2019). Loss, grief, and bereavement in the context of human-animal relationships. In P. Tedeschi & M. Jenkins (Ed.), *Transforming trauma: Resilience and healing through our connections with animals*. Purdue University Press.

Psychologytoday.com Professional/Expert Contributor

https://www.psychologytoday.com/us/blog/animal-attachment
https://www.psychologytoday.com/us/experts/adam-clark-lcsw-aasw

Why Are The Holidays So Hard While Grieving a Pet? (December, 2018)
Experiencing the death of a pet is hard. Even harder during the holidays.

Holiday Grief: 5 Steps For Getting Through The Loss of a Pet (December, 2018)
How to cope when you're expected to be merry, cheery, and bright.

Complicated Grief: Losing Your Pets From a Lost Relationship (October, 2017)
The messy experience of losing your pet to a breakup or divorce.

4 Reasons Why Pet Loss Matters to The Helping Professional (June, 2017)
Professionals should familiarize themselves with the intricacy of pet loss.

Natural Memorialization for Our Pets After They Pass (April, 2017)
An interview with Rooted, eco-friendly pet cremation and living soil remembrance.

What If the Pain of Pet Loss Becomes Too Much to Bear? (April, 2017)
When to seek help after experiencing the death of a companion pet.

Hospice and Natural Death For Our Pets: An Expert Interview (March, 2017)
Pet owners don't always choose euthanasia at the end-of-life for their companion

Incomplete Endings: Coping With a Runaway or Lost Pet (March, 2017)
Moving through the grief and guilt while not knowing how our pet may be doing.

Support, Nurture & Love: Talking to Children About Pet Loss (March, 2017)
The healthiest way to support children through pet loss and their grief.

My Pet Died And I Can't Stop Crying (March, 2017)
Crying after the death of a pet is a normal and healthy way of grieving.

6 Ways to Say "I Care" to Friends Who Are Facing Pet Loss (March, 2017)
...without inadvertently causing more pain or minimizing their loss.

Blame, Shame, and Guilt: Making Decisions for Our Pets (March, 2017)
Why we face so much guilt when supporting our pets, and what to do about it.

Losing a Pet Due to Divorce or Breakup (March, 2017)
We grieve when we've lost something that we have come to love, pets included.

Euthanasia: How Do I Know When the Time Is Right for My Pet? (February, 2017)
Making decisions on behalf of our pet can be impossibly hard.

Exhausted Grief: Can't Sleep After the Death of a Pet (February, 2017)
After pet loss, sleeping can seem impossible.

99 Nurturing Activities Helpful During the Grief Process (February, 2017)
Healthy suggestions to nurture yourself while you're grieving.

Tragic, Sudden, Unexpected: Grieving for Traumatic Pet Loss (February, 2017)
Experiencing the death of our pet can come without notice, here's how to cope.

9 Myths About Pet Loss and What the Truth Really Is (February, 2017)
Clearing up nine myths that are frequently associated with grieving your pet.

The Cultural Stigma of Pet Loss and Grieving Their Death (February, 2017)
An overview to why grieving the death of our pets can bring societal judgment.

7 Self-Care Essentials While Grieving the Death of a Pet (February, 2017)
Grieving for our companion animals is hard, here are seven strategies to help.

Hospice: Not Just for Humans Anymore, a Changing Paradigm (February, 2017)
Exploring what Pet Hospice is and how is it changing end-of-life for our pets.

The Quiet House and Empty Dog Bed, Coping After Pet Loss (February, 2017)
How pet owners cope with their pet's toys after the death of their companion.

Watching the Puppy Bowl is Good for Your Health (February, 2017)
Watching puppies on Sunday may help improve your mood according to science.

Four Steps to Take After Experiencing Pet Loss (February, 2017)
Helpful steps to take immediately following the death of a pet.

A Whinny and a Neigh Keeps the Psychotherapist at Bay (January, 2016)
Horses, a four-legged partner in the therapeutic relationship

Said Pet Loss and Bereavement, What? (January, 2016)
The start of a new column focused on attachment, pet loss, psychology, and more!

Magazine Article

Clark, A. (Forthcoming Summer, 2021). Working Title: Facing Trumpism as a Social Work Educator in the Post Trump Era. *Social Work Today Magazine*.

Clark, A. (June, 2014). Pet Loss and Bereavement. *The Denver Dog*, 26-27.

Clinical Experience

Coquille Valley Hospital Clinic – Coquille, Oregon
(Part-Time) Mental Health Provider – August 2020 to Present
Working within a primary care clinic delivering outpatient therapy as an individual practitioner within the Behavioral Health Department. Engaging in a variety of current and empirically based therapeutic models including: CBT, DBT, Solution Focused, Motivational Interviewing, & Strengths Based, among others as appropriate to the treatment needs of the individual client. Working amongst an interdisciplinary team within a medical setting as a primary therapy provider.

Pet Loss Education Project – Denver, Colorado
(Part-Time) Consultant, Pet Loss & Bereavement Specialist – January 2016 to Present
Specialized practice and consultation focusing in end-of-life support as it relates to companion animals and the human-animal bond. Providing empirically based bereavement support and educating the community around the stigmatized nature of pet loss. Providing empirically-based workshops and training, specializing in communication support for Veterinary Professionals. Engaging in research and publishing material which educates, supports, and promotes animal quality of life, euthanasia decision-making, and bereavement practices.

St. Charles Sleep Clinic – Bend, Oregon
(Part-Time) Licensed Clinical Social Worker, Insomnia Program – July 2019 to August 2020
Developed the Insomnia Program which focused treatment through interventions such as Cognitive Behavioral Therapy for Insomnia (CBT-I), Brief Behavioral Therapy for

Insomnia (BBTI), and Mindfulness-Based Therapy for Insomnia (MBTI). Worked amongst an interdisciplinary team within a medical setting, providing behavioral health application and support to patients and their families

Children's Hospital of Colorado – Aurora, Colorado
Licensed Clinical Social Worker – February 2018 to July, 2019
Worked as a full time float social worker with experience covering leaves throughout both inpatient units and outpatient clinics, including work with a wide array of the pediatric population and their families Triaged and managed needs while supporting multiple departments at once, including ED/Trauma, General Medicine, PICU/NICU, Oncology/Hematology, Pulmonary, Cardio/Transplant, Ambulatory Clinics. Supported trauma-informed needs while covering such as Level 1 Pediatric Medical Trauma through ED and engaged patients and their families in crisis intervention, mandatory reporting, psychosocial assessment and exploration of community resources. Completed suspected child abuse and neglect assessments in collaboration with the Child Protection team, including mandatory reporting to the Department of Human Services, and law enforcement. Worked as a member of an extensive interdisciplinary team which included multiple medical professionals, specialties, and community agencies. Completion of psychosocial assessments and transplant evaluations while coordinating with RN Case Managers and interdisciplinary team in a time-efficient manner Responded to urgent social work needs and manage crisis independently during overnight, evening, and weekend hospital-wide coverage, including in the Pediatric ICU and Emergency Department. Provided immediate crisis response to escalated parent behavior and conflict, including coordination with hospital administration and nursing staff as indicated. Time spent as primary supervisor of a Social Work Intern, and member of the Internship Committee.

Suncrest Hospice – Denver, Colorado
Medical Social Worker – April 2015 to August 2017
Worked as a Licensed Clinician amongst a disciplinary team, supporting patients who have been diagnosed with less than 6 months to live. Provided emotional support, end-of-life reviews, advocacy, as well as pain and mental health assessments for the wellbeing of patients and their families. Facilitated Care Conferences and collaborate with facilities for best treatment practices. Engaged in short-term bereavement counseling and psychoeducation on grief, end-of-life, and applicable transitions.

Zuma's Experiential Activities & Learning at Zuma's Rescue Ranch – Littleton, Colorado
(Part-Time) Zeal Program Lead – July 2014 to January 2017
Lead facilitator for groups, family, and individual interactions in equine-assisted experiential activities. Established and implemented programming, activities, and applicable interventions to multiple demographics at the rescue. Supported interns and

promoted evidenced-based animal-assisted intervention and activities. Promoted equine safety and best practices when partnering with all the animals at the rescue.

Rocky Mountain Crisis Partners – Denver, Colorado
(Part-Time) Crisis Clinician – August 2014 to April 2015
Practiced empirically based and trauma-informed suicide and homicide assessments to high-risk callers experiencing high levels of psychological distress. Provided immediate, in-the-moment, crisis intervention. Quickly establishing rapport and supportive, solution-focused therapeutic interventions. Outreached the police for welfare check assessment and safety, submitted child protection reports, and scheduled caller follow-up and additional interventions as needed.

Colorado State University Veterinary Teaching Hospital (VTH), Argus Institute for Families and Veterinary Medicine – Fort Collins, Colorado
Clinical Counselor, Pet Loss & Bereavement Specialist – September 2013 to February 2015
Provided short-term grief, loss, and quality of life counseling as well as emotional support to clients as it relates to their companion animals, making difficult decisions, and navigating the VTH. Daily intervention, advocacy, and assessment for clients. Answered pet loss clinic line. Facilitated difficult discussions around humane treatment options and pet's quality of life. Euthanasia support and follow-up for clients. Pet Hospice training, engagement, and support. Engaged in best practices of treatment and researching empirically based therapeutic intervention as it related to pet loss, bereavement, quality of life, self-care, and cultural stigma associated with pet loss.

Albany County Department of Mental Health Assertive Community Treatment Team – Albany, New York
(Part-Time) Social Work Intern – August 2012 to June 2013
Worked with severally mentally ill clients within community-based, team treatment modality and interdisciplinary team approach. Provided advocacy and support to clients for basic needs, monetary management, and psychosocial assessments. Clinical interventions of motivational interviewing, brief strategic therapy, and solution focused modalities employed.

Glens Falls Hospital, Charles R. Wood Cancer Center – Glens Falls, New York
Administrative Staff & Patient Specialist – September 2009 to May 2013
Provided supportive navigation and assistance to patients who recently received a Cancer Diagnosis. Assisted with inpatient admission and ascertaining available beds for outpatients who were needing to be transferred to inpatient to receive intensive treatment. Worked amongst an interdisciplinary team hosting tumor board conferences and gathering necessary medical data on behalf of patients for best practices in team collaboration and patient treatment.

Recent Completed Clinical Continuing Education

- **Certified Clinical Trauma Professional: Two-Day Trauma Competency Conference**, General, 12.5 CEU, 2022

- **ADHD in Adults: Diagnosis, Impairments and Management with Russell Barkley, PhD**, General, 2.5 CEU, 2022

- **Dialectical Behavior Therapy (DBT): 4-day Intensive Certification Training Course**, General, 24 CEU, 2022

- **LGBTQ Youth: Clinical Strategies to Support Sexual Orientation and Gender Identity,** Cultural Competency, 6.25 CEU, 2022

- **Compassion Fatigue Certification Training for Healthcare, Mental Health and Caring Professionals,** General, 6.25 CEU, 2022

- **Multicultural Awareness & Diversity: Powerful Strategies to Advance Client Rapport & Cultural Competence**, Cultural Competency, 6.25 CEU, 2022

- **Ethics: Current Issues and Practical Responses**, Ethics, 7 CEU, 2022
- **3 Day Nutrition for Mental Health Certification Course**, General, 19 CEU, 2022

- **Personality Disorder Course: Advanced Diagnosis, Treatment & Management**, General, 18.5 CEU, 2022

- **Rural Health Regularly Scheduled Sessions**, General, 1 CEU, 2021

- **Human Subjects Research Basic Course**, Ethics, 9 CEU, 2021

Completed Doctoral Courses

The University of Pennsylvania, School of Social Policy & Practice
Doctorate in Advanced Clinical Social Work (DSW) Program

Fall 2021
Quantitative Research
Clinical Theory I
Dissertation Seminar

Spring 2022

Methods of Inquiry: Qualitative Research Methods
Clinical Theory II
Applied Statistics
Dissertation Seminar

Fall 2022
Teaching Social Work Practice
The Trauma Spectrum and Its Treatment: The PRISM Meta-Model
Strengths-Based Interventions in Social Work

Spring 2023 (Forthcoming)
Family Based Interventions
Race, Culture and Identity
Social Construction and Social Work Practice: Transforming Dialogues
Leadership for Change
Elective 1 (TBD)
Elective 2 (TBD)

Research Positions

Graduate School of Social Work at University of Denver, Institute for Human-Animal Connection – Denver, Colorado
Program Evaluator & Empirical Researcher – June 2013 to May 2014

- Provided a comprehensive empirical assessment of Prison Dog Training Program facilities within Colorado and literature review of Prison Dog facilities across the United States.
- Engaged the Colorado Correctional Industries in research outcome and best practices of human education through presentational support.
- Assisted literature overview for Animal-Assisted Interactions working with children diagnosed with ADHD.
- Promoted and engaged the community within the Colorado Link Project, providing awareness of animal-child-elder abuse, the cycle of violence, and the interconnected roles of professionals in Veterinary Medicine, Human Medicine, Law Enforcement, and Community Agencies.
- Assisted development and implementation of the 1st Annual Human-Animal Interaction Conference, "Transforming Trauma: Research Developments and Methods for Trauma-Informed Animal-Assisted Interventions" at the University of Denver, Denver, Colorado.

Board of Director Nominations

Human Animal Bond Trust (HABT)
www.humananimalbondtrust.org
Position: Co-Director of Bereavement, 2017 (1 Year Term, Ended)
The Human Animal Bond Trust (HABT) is a non-profit organization which exists to serve those who are anticipating, or have lost, an animal companion, since 1988. That loss may be one of the most devastating and painful experiences you will ever face. Such a loss can be as traumatic as losing a family member or a dear friend.

Editorial Boards & Service

Peer Review Editor, Academic Journal *Animals & Society*, 2017 – Present

Membership & Affiliations

- American Academy of Sleep Medicine, 2019
- Society for Behavioral Sleep Medicine, 2019
- Human-Animal Bond Trust, 2017
- International Association for Animal Hospice and Palliative Care, 2017
- National Hospice and Palliative Care Organization, 2017
- Colorado Society for Clinical Social Work, 2016
- National Association of Social Workers, 2014
- Human-Animal Interaction of the American Psychological Association, 2014
- International Society for Pet Loss and Bereavement, 2013
- Institute for Human-Animal Connection, 2013
- International Society of Anthrozoology, 2012
- Phi Alpha, National Social Work Honor Society, 2012
- Tau Sigma, National Transfer Honor Society, 2012
- Delta Epsilon Iota, Academic Honor Society, 2012

Volunteer Positions

Renegade Equine – Bend, Oregon – 2019 to 2020

Mockingbird Farm Sanctuary – Rochester, New York - 2018

Zuma's Rescue Ranch - Littleton, Colorado – June 2013 to January 2018
Experiential Facilitator, Equine Specialist, & Horse Caretaker

Colorado Pet Food Pantry – Denver, Colorado - 2017

Social Justice Week Committee – Albany, New York – 2013
Activity Organization & Event Planning

Teresian House Nursing Home – Albany, New York – 2012 to 2013
Volunteered for Elderly Residents (Emotional Support, Social Engagement, Activities)

City Rescue Mission – Albany, New York – 2012 to 2013
Volunteered Serving Dinner to Homeless and At –Risk Populations

Little Brook Farm, Inc. – Old Chatham, New York – 2011 to 2013
Horse Caretaker, Grant Writing Support & Fundraiser

Social Work Organization: St. Rose Chapter – Albany, New York – 2012 to 2013
President & Executive Committee

Peaceful Acres Horses, Inc. – Pattersonville, New York – 2011

Professional Bio

Adam Clark, LCSW, AASW is a Licensed Clinical Social Work (LCSW) graduate from the University of Denver Graduate School of Social Work where he received his Animal-Assisted Social Work (AASW) Certification through the Institute for Human-Animal Connection and specialized in Family Systems work. Currently, Adam is focusing on receiving his Doctorate in Advanced Clinical Social Work (DSW) at the University of Pennsylvania School of Social Policy & Practice as a 2024 doctoral candidate. He is focusing his studies on: veterinary social work (VSW), morals/ethics surrounding the human-animal connection, belief in the animal mind (BAM), as well as animals' forced role in oppressive practices and systemic injustices.

Adam found himself focusing on pet loss and bereavement during his tenure at the Colorado State Veterinary Teaching Hospital, Argus Institute, as a Clinical Counselor after graduate school. Subsequently, Adam started his private practice of Equine Assisted Therapy working with families as well as specializing in tweens, teens and young adults in biofeedback modalities for teens and young adults.

In order to enhance his understanding of grief and loss, Adam moved into the realm of human hospice as a Medical Social Worker at Suncrest Hospice in Denver, Colorado, and in administration as a Director of Support Services at an emerging hospice program. In addition, Adam spent time as a Crisis Counselor working at Rocky Mountain Crisis Partners, advancing his clinical and critical intervention skills working with a variety of high-risk callers and at-risk populations frequently engaging in suicidal/homicidal interventions. Lastly, Adam spent time working as a Float/Trauma Clinician at Children's Hospital of Colorado as a pediatric Social Worker.

Adam has been in partnership with horses for the last decade, at first starting with multiple horse rescues and initially receiving training in the EAGALA model as an Equine Specialist. Adam found so much impact within the horse-human connection that he went to graduate school specifically for Equine Assisted work. Now, Adam has over five years of experience with private practice, developing and honing skills at Zuma's Rescue Ranch in Colorado before relocating to Oregon. Adam currently serves as a Mental Health Provider within an outpatient setting and has paused his equine practice to focus on teaching, writing, and consulting.

Adam is the founder of Pet Loss Education Project, his consulting practice, whose focus is on reducing the cultural stigma associated with pet loss, supporting pet owners, and educating professionals. Adam educates and supports veterinary professionals within his practice in self-care strategies, time management, communication techniques, clinic growth, and personal/professional balance. Most recently Adam has been actively involved in consulting roles with the American Humane Society, American Veterinary Medical Association, as well as Barkbox. Within his role at Pet Loss Education Project, Adam has launched a growing audience through social media, Pet Loss Education and Support, as well as reaching nearly two million readers within his online Column for Psychology Today, Animal Attachment. Adam's column is aimed at the human-animal bond and focuses on issues at end of life between pets and their human counterparts.

Adam has taught over 700 graduate and undergraduate social work students as an Adjunct Professor across three universities since 2016. Within this role, Adam has taught 22 different courses a total of 63 times with a primary clinical social work focus. Currently, Adam has the honor of being an Adjunct Professor at the University of Denver Graduate School of Social Work and has held historical Adjunct positions at both Portland State University School of Social Work and The College of Saint Rose School of Social Work Programs.

Adam has been involved with the Institute for Human-Animal Connection at the University of Denver Graduate School of Social Work (IHAC) upon entering graduate school. Since graduating, Adam has been invited back to participate in guest lectures and consultations as needed for the last five years. Adam has since moved into the role of Affiliate Faculty for IHAC since 2018 and continues to work within a variety of supportive roles and consultation within the Institute, including contribution as an author within Transforming Trauma: Resilience and Healing Through Our Connections With Animals (Purdue University Press, 2019).

In his personal time, Adam has an obsession with good coffee. He enjoys hiking, reading, spending time with the two and four-legged beings within his life and exploring all that Oregon has to offer.