CHELSEA K. BROWN

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EDUCATION

University of Pennsylvania

School of Social Policy & Practice

Doctoral Student

New York University

Zelda Foster Studies Program in Palliative and End-of-Life Care

Research Fellow

University of Michigan

Master of Social Work, Health Practice Specialization

Bowling Green State University

Bachelor of Science in Social Work, cum laude

Honors: University Honors Program

Hollis L. Moore Service Scholarship

Philadelphia, PA Aug. 2022-Present

New York, NY Oct. 2021-April 2023

Ann Arbor, MI

Bowling Green, OH

May 2013

Aug. 2014

RESEARCH AND TEACHING

University of Pennsylvania, School of Social Policy and Practice

Philadelphia, PA

Research Assistant, Advisor: Dr. Tamara Cadet

August 2022-Present

- Assist Dr. Cadet with recruitment and data collection efforts on multiple mixed methods studies investigating the feasibility and effectiveness of health promotion materials for persons with low health literacy
- Provide research and writing support

University of California, San Francisco, Division of Palliative Medicine

San Francisco, CA

Adjunct Assistant Professor

June 2023-Present

- Serve as researcher on "Pro-PC": project: a multi-year hybrid implementation project that will test a standardized palliative care referral system, with the goal of improved equity in hospital-based palliative medicine
- Provide annual didactics to physician fellows on trauma-informed care, psychosocial care, and screening competencies

University of California, San Francisco, Division of Palliative Medicine Clinical Educator

San Francisco, CA Oct. 2018-April 2022

Led weekly lectures to physician fellows on palliative care topics, including "Psychosocial Care in Palliative Medicine" and "Communication Skills in Family Meetings"

• Participated in on-the-ground psychosocial and communication training to physician fellows during their inpatient clinical rotation at Parnassus Hospital

Bowling Green State University

Bowling Green, OH

Legal Researcher and Writing Assistant, Dr. M. Neil Browne

Jan. 2010-Aug. 2014

• Drafted and edited legal research articles with respect to consumer protection and civil rights

Teaching Assistant, Dr. M. Neil Browne

Aug. 2011-May 2012

• Co-taught "Introduction to Critical Thinking" for BGSU Honors Program undergraduate students

 Served as teaching assistant for "Introduction to Women's Studies" course and led outside study sessions

Research Assistant, Department of Sociology

May 2009-Aug. 2009

 Utilized SPSS to conduct data analysis for multiple sociology faculty and graduate students' research projects

CLINICAL EXPERIENCE

University of California, San Francisco, Division of Palliative Medicine

San Francisco, CA Oct. 2018-April 2022

Inpatient Clinical Social Worker, Palliative Care Service

- Worked within a transdisciplinary team to provide trauma-informed palliative care, including advance care planning, crisis intervention, family meeting facilitation, serious illness and end-of-life counseling
- Conducted biopsychosocial assessments of patients with serious life-limiting illness, focusing on adjustment to illness and coping, family systems, and emotional, psychological, and social needs
- Advocated for care needs of patients facing complex treatment planning in the setting of homelessness, social isolation, limited community resources, and traumatic stress
- Serve on several hospital leadership committees, including UCSF End of Life Options Act (EOLOA), COVID-19 Palliative Care Response, Anti-Racism Task Force, and Inpatient Workflow Quality Improvement
- Presented on transdisciplinary palliative care practices at Stanford University's 2021 Medicine Grand Rounds, an annual gathering of healthcare professionals

University of Michigan Medicine

Ann Arbor, MI

Inpatient Clinical Social Worker, General Medicine/Hematology/Oncology

Nov. 2014-Aug. 2017

- Conducted biopsychosocial assessments of patients, including substance use, mental health/suicidality, trauma, abuse, and neglect
- Provided supportive counseling and psychoeducation around new diagnosis, adjustment to illness, and coping with chronic disease and complex treatment planning
- Trained and supervised new clinical social workers

SAAFE Center, Wood County Sexual Assault Crisis Center

Bowling Green, OH Jan. 2012-Aug. 2013

Supervisor and Client Advocate

• Engaged in crisis intervention, trauma response, and psychological first aid

- Completed suicide risk assessments and safety planning for survivors of assault and trafficking
- Served as first responder and counselor during the filing of police reports, University hearings, and sexual assault examinations conducted at the County Hospital
- Co-wrote the Sex Trafficking Resource Manual for the Sex Trafficking Committee of Wood County

PUBLICATIONS

Works In Progress:

Brown, C., Wallace, C., Schoenherr, L., Pantilat, S., and O'Riordan, D. Psychosocial Screening and Interventions Across Palliative Care Teams: Patient Characteristics and Outcomes.

Brown, C. & Wallace, C. Psychosocial distress screening among palliative care teams.

Kotwal, A., Cenzer, I., **Brown, C.,** Perissinotto, C., Smith, A., & Duchowny, K. The prevalence of lifetime trauma and association with symptom burden among adults in the last years of life.

Song, A., **Brown, C.,** & Courtwright, C. Racial and ethnic disparities in inpatient palliative care consultation in the United States: A scoping review.

Under Review:

Brown, C., DiBiase, J., Nathanson, A., & Cadet, T. (2023) (Accepted for publication). Trauma-informed care for inpatient palliative care social work: Applying existing models at the bedside. *Journal of Social Work in End-of-Life & Palliative Care*.

Brown, C., et al. (2023) (Accepted for publication). Top ten tips on trauma-informed palliative medicine. *Journal of Pain and Symptom Management*.

Brown, C. and Ho, J. (2023) (Accepted for publication). Fast Facts and Concepts: Trauma-Informed Care. *Palliative Care Network of Wisconsin* (https://www.mypcnow.org/fast-facts/).

Trimbur, C., Sumser, B., **Brown, C.**, Steinhoff, T., Almhanna, K., & Guyer, D. (2023) (Accepted for publication). Special considerations in managing pain and psychosocial distress in patients with opioid use disorder and cancer: the role of the supportive care and psycho-oncology interdisciplinary team. *Annals of Palliative Medicine*.

Peer-Reviewed:

Clarke, M. and **Brown**, C. (2023). Organ Transplant. Book chapter in *The Practice of Clinical Social Work in Healthcare*, M. Ruden and A. Nathanson (Eds.), Springer Press.

Brown, C. (2023). Pen to Paper: Honoring Anger & Sadness. Book chapter in *Mirrors & Windows: Reflections on the Journey in Serious Illness Practice* (1st ed.), T. Altilio, A. Keleman, V. Leff, and A.M. Patneaude (Eds.).

Brown, C. (2022). Trauma Therapies for Palliative Care Practice. Book chapter in *The Oxford Textbook of Palliative Social Work* (2nd ed.), T. Altilio and S. Otis-Green (Eds.), Oxford University Press.

Brown, C., Peck, S., Humphreys, J., Saks, Schoenherr, L., N., Sumser, B., and Elia, G. (2020). COVID-19 Lessons: The Alignment of Palliative Medicine and Trauma-Informed Care. *Journal of Pain and Symptom Management*, Vol. 60, Issue 2.

Humphreys, J., Schoenherr, L., Elia, G., Saks, N., **Brown, C.**, Barbour, S., and Pantilat, S. (2020). Rapid Implementation of Inpatient Telepalliative Medicine Consultations During COVID-19 Pandemic. *Journal of Pain and Symptom Management*, Vol. 60, Issue 1. Also presented as poster at 2021 Annual Assembly of Hospice and Palliative Medicine (AAHPM).

Browne, M.N., Kubasek, N., Bouzat, F., **Brown, C.**, and Rex, J. (2018). Attacking Obesity: The Paternalistic Approach of France versus the Conservative Approach of the United States. *Whittier Law Review*, Vol. 39, Issue 1.

Browne, M.N., **Brown, C.**, and Bouzat, F. (2013). American Medical Tourism: Regulating a Cure that can Damage Consumer Health. *Loyola Consumer Law Review*, Vol. 25, Issue 3. Shorter version presented at the 2011 Academy of Legal Studies in Business Conference, New Orleans, LA, and the 2012 National Conference on Undergraduate Research, Weber State University, UT.

PRESENTATIONS

Brown, C., Lopez, S., Rezvani, G., & Saks, N. (2023). Medical Trauma and Palliative Care. *University of California, San Francisco Department of Medicine Grand Rounds*.

Brown, C., Schoenherr, L., Pantilat, S., and O'Riordan, D. (2023). Psychosocial Screening and Interventions Across Palliative Care Teams: Patient Characteristics and Outcomes. Poster presentation at the 2023 Annual Assembly of Hospice and Palliative Medicine (AAHPM).

Brown, C. & Wallace, C. (2023). Psychosocial Screening Tools for Inpatient Palliative Care Teams: A Literature Review. Poster presentation at the 2023 Annual Assembly of Social Work in Hospice & Palliative Care Network (SWHPN).

Brown, C. (2022). Psychosocial Screening Standards for Hospital Palliative Medicine. *University of California, San Francisco Division of Palliative Medicine Grand Rounds*.

Brown, C. (2022). Trauma-informed care for palliative medicine. *University of California, San Francisco Division of Palliative Medicine Annual Fellows' Lecture.*

Brown, C. & Saks, N. (2022). Transdisciplinary spiritual care in palliative medicine. *Stanford University Hospital Grand Rounds*.

Humphreys, J., Schoenherr, L., Elia, G., Saks, N., **Brown, C.,** Barbour, S., & Pantilat, S. (2021). Rapid Implementation of Inpatient Telepalliative Medicine Consultations During COVID-19 Pandemic. Poster presentation at the *2021 Annual Assembly of Hospice and Palliative Medicine (AAHPM)*.

Brown, C. *et al.* (2012). *Socioeconomic Status and Its Contribution to Housing Discrimination against Older Adults*. Paper peer-reviewed and accepted to the 36th Annual Ohio Professional and Student Conference on Aging, Youngstown State University, OH.

Brown, C. (2012). American Medical Tourism: Regulating a Cure that Can Damage Consumer Health. Paper double-blind peer-reviewed and accepted as a National Finalist for the Academy of Legal Studies and Business Conference, New Orleans, LA. Also accepted and presented at the 2012 National Conference of Undergraduate Research, Weber State University, UT.

Brown, C. (2011). *The Ethical Confusion of Asking Corporations to be Socially Responsible: The Social Legitimacy Test*. Abstract peer-reviewed and selected for presentation at the 2011 National Conference of Undergraduate Research, Ithaca College, NY.

ADDITIONAL EDUCATION AND HONORS

- "Measurement, Design, and Analysis Methods in Health Outcomes Research" from the Harvard T.H. Chan School of Public Health (2021)
- Vital Talk Faculty Development Training (2019)
- Palliative Care Training, California State University, Shiley Institute for Palliative Care (2019)
- Michigan Medicine Social Worker of the Year, *Nominee* (2016)

LICENSURES AND CERTIFICATIONS

Advanced Palliative Hospice Social Worker-Certified (APHSW-C), APHSW-C Board (2022) Certified Clinical Trauma Professional (CCTP), California Board of Behavioral Sciences (2020) Social Work License #LCSW82526, California Board of Behavioral Sciences (2018) Social Work License #6801097376, Michigan Department of Licensing and Regulatory Affairs (2016)