

Henry Artez Willis, Ph.D.
Curriculum Vitae

Education

- Ph.D., Psychology & Neuroscience (Clinical - Child, Adult, & Family)** **August 2021**
Formal Concentration in Quantitative Psychology
University of North Carolina, Chapel Hill
Advisor: Enrique W. Neblett Jr., Ph.D.
Internship Placement: Montefiore Medical Center/Albert Einstein College of Medicine – Combined Adult and Child Track; Completion Date: July 1, 2021
- Health Policy Research Scholars Program** **July 2020**
Johns Hopkins University (Dual Enrollment)
School of Public Health; Robert Wood Johnson Foundation
Program Director: Keshia Pollack Porter, Ph.D.
- M.A., Psychology & Neuroscience (Clinical, Child & Family)** **May 2017**
University of North Carolina, Chapel Hill
Advisor: Enrique W. Neblett Jr., Ph.D.
- M.A., Clinical Psychology (Psychopathology & Psychotherapy)** **May 2015**
Teachers College, Columbia University
Thesis Advisor: H. Blair Simpson, M.D., Ph.D.
- B.S., Psychology (Honors), Minor: African American Studies** **May 2013**
Howard University
Honor's Thesis Advisor: Jules Harrell, Ph.D.

Grant Funding & Fellowships

- Ford Foundation Postdoctoral Fellowship** **Fall 2021 to Present**
National Academies of Sciences, Engineering, & Medicine
Amount: \$50,000

Awarded annually to postdoctoral researchers who have demonstrated superior academic achievement, are committed to a career in teaching and research at the college or university level, show promise of future achievement as scholars and teachers, and are well prepared to use diversity as a resource for enriching the education of all students.

- Young Investigator Award/Research Grant** **Fall 2018 to Present**
International OCD Foundation
Amount: \$26,000

Awarded to junior investigators/graduate students pursuing research in OCD and related disorders. The current grant was awarded for the current ongoing study, “The Longitudinal Role of Racial Discrimination and Racial Identity in the Development and Maintenance of OCD among African American Emerging Adults”.

Ford Foundation Predoctoral Fellowship **Spring 2018 to Spring 2021**
National Academies of Sciences, Engineering, & Medicine
Amount: \$72,000

Awarded annually to graduate students who have demonstrated superior academic achievement, are committed to a career in teaching and research at the college or university level, show promise of future achievement as scholars and teachers, and are well prepared to use diversity as a resource for enriching the education of all students.

Health Policy Research Scholars Dissertation Grant **Spring 2019 to Spring 2020**
Robert Wood Johnson Foundation
Amount: \$10,000

Awarded to doctoral candidates from the Robert Wood Johnson Foundation’s Health Policy Research Scholars program to aid in the completion of research activities related to the candidate’s dissertation. The research award is granted to candidates whose dissertation is aimed at reducing health disparities and improving health equity. The current grant is aiding in the development of a mobile-health intervention for treating mental health among African American youth and young adults.

Graduate Student Summer Research Grant **Spring 2018**
Institute of African American Research
University of North Carolina at Chapel Hill
Amount: \$1,500

Awarded to masters, predoctoral and professional graduate students in any discipline who are conducting research as part of their degree requirements. Students’ research projects must concern African Americans or the broader African diaspora. This grant was awarded to begin data collection for the project, “Developing a Mobile-Mental Health Application for African Americans”.

Robert Wood Johnson Foundation’s Health Policy Research Scholars Grant **Fall 2016**
Amount: \$120,000

Health Policy Research Scholars is a multi-year leadership development opportunity for doctoral students from underrepresented populations and/or disadvantaged backgrounds. Fellows are trained to their research to advance health and equity, and their innovation helps build a Culture of Health, one that enables everyone in America to live longer, healthier lives. The grant is supported by the Robert Wood Johnson Foundation.

Research Awards

Development with Media and Technology Fellow Summer 2019
Center for Empowered Learning and Development with Technology
University of Southern California

Research and professional development training opportunity awarded to advanced doctoral students and early career professionals who are interested in researching how technology, social media, and race-related experiences impact the development of African American and Latinx adolescents and young adults. Supported by the Society for Research on Child Development.

Chancellor's Doctoral Candidacy Award Spring 2019
UNC Graduate School and Initiative for Minority Excellence
UNC Chapel Hill
Amount: \$5,000

Awarded to graduate students from underrepresented groups who have advanced to doctoral candidacy and have contributed to diversity in graduate education within the graduate student's home department and/or the Carolina campus community.

Earl & Barbara Baughman Dissertation Research Award Spring 2019
Department of Psychology & Neuroscience
UNC Chapel Hill
Amount: \$6,000

Awarded to recognize and support graduate students completing innovative dissertation research in the Department of Psychology and Neuroscience.

SRCD Black Caucus Poster Competition Spring 2019
2019 Society for Research on Child Development Biennial Meeting, Baltimore, M.D.
Amount: \$250

First place winner of the SRCD Black Caucus student research poster competition. Awarded to graduate student presenters whose research represents innovative work on child development and issues related to diverse populations.

Best Articulation of a Community's Needs Summer 2018
Health Policy Research Scholars 2018 Case Competition, Washington, D.C.

Awarded at the first annual case competition hosted by the Robert Wood Johnson Foundation's Health Policy Research Scholars program. During the case competition, doctoral students present a health policy intervention to community members, congressmen, and other policymakers.

Honorable Mention (Alternate) Spring 2016 and Spring 2017
Ford Foundation Predoctoral Fellowship Competition
National Academies of Sciences, Engineering, & Medicine

Awarded annually to graduate students who are finalists for the Ford Foundation Predoctoral Fellowship Competition.

Honorable Mention for Integrative Project (Master's Thesis) Spring 2015
Teachers College, Columbia University

Awarded to graduating master's students whose master's thesis was evaluated as exceptional by their thesis advisor. Awarded for the thesis, "Obsessive-Compulsive Disorder in African Americans", nominated for honorable mention by H. Blair Simpson, M.D., Ph.D. (Columbia University Medical Center/New York State Psychiatric Institute).

Travel & Service Awards

Faculty First Look Program Attendee Fall 2018 to Spring 2019
New York University Steinhardt

Selected to attend New York University Steinhardt's Faculty First Look Program designed to provide talented scholars of color and others underrepresented in the Academy an opportunity to learn how to prepare for future faculty careers.

Initiative for Minority Excellence Travel Award Spring 2018
University of North Carolina at Chapel Hill
Amount: \$1,000

Selected for a travel award to present at the 2018 Black Graduate Conference in Psychology.

Rosa Swanson Award for Outstanding Citizenship Spring 2018
University of North Carolina at Chapel Hill

Awarded annually to recognize the student, staff, or faculty member within the clinical psychology program who has helped to foster a warm, supportive, nurturing, and enjoyable professional environment.

Dashiel Travel Award Fall 2017
University of North Carolina at Chapel Hill
Amount: \$400

Awarded to help graduate students travel to national conferences. This award was used to support a first-authored paper presentation at the 51st Association of Behavioral Cognitive Therapies Convention in San Diego, CA.

Graduate Research Travel Award Spring 2017
Association of Black Psychologists
Amount: \$500

Awarded to a graduate student to support travel to the 50th annual international conference of the Association of Black Psychologists.

Diversity Travel Grant **Spring 2015**
University of North Carolina at Chapel Hill
Amount: \$400

Awarded to support travel for racial/ethnic minority applicants to the Psychology & Neuroscience program at UNC Chapel Hill.

Who's Who Among American Colleges and Universities **Spring 2013**
Howard University

A national award given to graduating seniors who have demonstrated excellence in academics and community service during their undergraduate career.

Selected Leadership Experience and Community Service Activities

President **Fall 2016 to Spring 2020**
Black Graduate and Professional Student Association
UNC Chapel Hill

Organized, promoted, and facilitated several community service events for the UNC Chapel Hill, Carrboro/Chapel Hill, NC, and Durham, NC communities such as: academic dialogues, professional development opportunities, and school supply and food drives to benefit underserved communities. Hosted and psychological and physical wellness activity day for at-risk and underserved youth (ages 9 to 15) in Durham, NC.

Student Representative **Fall 2016 to Spring 2020**
Diversity Committee of the Clinical Psychology Program
UNC Chapel Hill

Collaborated with students and faculty to implement new diversity training sequence for graduate students; planned, organized, and helped lead events and training experiences aimed at increasing students' multicultural awareness and multicultural competencies related to research, teaching, and clinical work.

Student Representative **Fall 2016 to Spring 2017**
Clinical Psychology Program
UNC-Chapel Hill

Selected as one of three student representatives by departmental vote to serve as liaison between faculty and students. Attended monthly faculty meetings; met with students to discuss concerns; coordinated faculty candidate and student applicant visits; organized

program events.

Vice President of Communications **Fall 2016 to Spring 2017**
International Association of Black Psychologists' Student Circle
Community Service Initiative: Student Circle Webinars

Organized and hosted several professional development and training webinars for African American undergraduate and graduate students around the nation. Sample topics include: coping with race-related stress, obtaining funding for graduate school, obtaining a job after graduate school, etc. Link:
https://www.youtube.com/channel/UCV117_pWEMbyus4Q-e_yScQ

Voting Rights Initiative for Presidential Election 2016 **Fall 2016**
Black Graduate and Professional Student Association
UNC Chapel Hill

Volunteered with a non-partisan voting rights group in North Carolina to reduce voter disenfranchisement and advocate for voting rights in a predominately African American voting district during the 2016 Presidential Election in Durham, North Carolina.

Diversifying Clinical Psychology Weekend **Spring 2016 and Spring 2017**
UNC Chapel Hill

Organized and facilitated UNC's 2nd "Diversifying Clinical Psychology Weekend". This program is an opportunity for talented ethnic/racial minority undergraduates and recent college graduates who are invested in pursuing doctoral-level training in clinical psychology. Events included an intensive set of seminars, panel discussions, and workshops. Students also had the opportunity to learn how to develop a competitive application; meet clinical psychology doctoral students and faculty in formal and informal settings; and receive an introduction to our Clinical Psychology program and graduate training.

Vice President of Communications, Media, and Marketing **Fall 2013 to Spring 2015**
Black Student Network at Teachers College, Columbia University

Organized, promoted, and facilitated several community service events for the Columbia University and Harlem, New York Community such as: academic conferences and dialogues, literacy fairs for youth and adults, educational seminars, etc.

Alternative Spring Break **Spring 2012**
New Orleans, Louisiana
Howard University

Conducted a week of community service in the damaged areas of New Orleans, Louisiana. Participated in several community service projects in the city, such as

repairing local community centers and mentoring local at-risk elementary and middle school students.

Publications

- Zayde, A., Kilbride, A., Kucer, A., **Willis, H. A.**, Nikitiades, A., Gabbay, V. (in press). Connection During COVID-19: A Pilot Study of the Acceptability of and Engagement in Telehealth Parenting Groups. *American Journal of Psychotherapy*.
- Tynes, B. N., Stewart, A. M., Hamilton, M., **Willis, H.A.** (2021). From Google Searches to Russian Disinformation: Adolescent Critical Race Digital Literacy Needs and Skills. *International Journal of Multicultural Education*.
- Willis, H.A.**, Sosoo, E.E., Bernard, D.L., & Neblett, E.W., Jr. (2021). The Longitudinal Associations between Internalized racism, Racial identity, and Psychological Distress. *Emerging Adulthood*.
- Volpe, V. V., Hoggard, S. L., **Willis, H.A.**, Tynes, B. N. (2021). Anti-Black Structural Racism Goes Online: A Conceptual Model for Racial Health Disparities Research. *Ethnicity & Disease*.
- Volpe, V., **Willis, H.A.**, Joseph, P., Tynes, B. N. (2020). Liberatory Media Literacy as Protective against Trauma for Emerging Adults of Color. *Journal of Traumatic Stress*.
- Willis, H.A.** & Neblett, E.W., Jr. (2019). Racial identity changes over time: Examining changes in stable racial identity dimensions using the multidimensional model of racial identity. *Cultural Diversity and Ethnic Minority Psychology*.
- Tynes, B. M., **Willis, H.A.**, Stewart, A., Hamilton, M. (2019). Race-related Traumatic Events Online and Mental Health Among Adolescents of Color. *Journal of Adolescent Health*.
- Willis, H.A.** & Neblett, E.W., Jr. (2018) OCD in African American young adults: The associations between racial discrimination, racial identity, and obsessive-compulsive symptoms. *Journal of Obsessive-Compulsive Disorders*, 19, 105-115.
- Linkovski, O., Zwerling, J., Cordell, E., Sonnenfeld, D., **Willis, H. A.**, La Lima, C. N., ... & Wright, B. (2018). Augmenting Buried in Treasures with in-home uncluttering practice: Pilot study in hoarding disorder. *Journal of Psychiatric Research*, 107, 145-150.
- Bernard, D.L., Lige, Q.M., **Willis, H.A.**, Sosoo, E.E., & Neblett, E.W., Jr. (2017). Imposter phenomenon and mental health: The influence of racial discrimination and gender. *Journal of Counseling Psychology*, 64(2), 155.

Manuscripts Under Review

Willis, H.A. & Neblett, E.W., Jr. Developing Culturally-Adapted Mobile Mental Health Interventions: A Mixed Methods Approach.

Dougherty, B., **Willis, H.A.**, Rego, S. (invited manuscript). Review of mHealth among Marginalized and Underserved Populations: Efficacy, Challenges, and Adaptations. *Journal of Technology in Behavioral Science*,

Willis, H.A., Galan, C., Gonzalez, J.C., Call, C., Torres, S. (invited manuscript). Future Directions in Culturally-Adapted mHealth for Mental Health Treatment among Diverse Youth Populations. *Journal of Child and Adolescent Clinical Psychology*.

Willis, H.A. (invited manuscript). Culturally Adapted Treatments for African American Emerging Adults: The Promise of Targeting Racial Identity. *Journal of Consulting and Clinical Psychology*

Stewart, A. M., **Willis, H. A.**, Tynes, B. N. The Protective Function of Critical Consciousness in the Association between Online Racial Discrimination and Psychological Well-Being.

Tynes B. N., **Willis, H.A.**, Rose, C. Online Racial Discrimination and Mental Health Outcomes among a Diverse, School based Sample of Adolescents.

Manuscripts in Preparation

Willis, H. A. & Neblett, E. W., Jr. The Associations between Online Racial Discrimination and Psychological Well-Being: Examining the Role of Racial Identity.

Willis, H. A. & Neblett, E. W., Jr. Online and Offline Racial Discrimination's Effect on Psychological Well-Being: Exploring the Impact of Social Media Use.

Willis H.A., Alvarez, G., Spivey, L., Neblett, E. W., Jr., & Prinstein, M. Peer influences, ethnic identity development, and psychopathology development within African American adolescents: A longitudinal analysis.

Book Chapters and Other Publications

Willis, H.A. (2021). Advancing Research on OCD among African American Youth and Young Adults. International OCD Foundation. <https://iocdf.org/blog/2021/02/26/advancing-research-on-ocd-among-african-american-youth-and-young-adults/>

Willis, H.A. (2020). Telehealth in Clinical Psychology: Challenges and Future Directions. *Clinical Science Fall Newsletter*. Society for the Science of Clinical Psychology, Section 3 of the American Psychological Association. http://www.sscpweb.org/whats_new/9311814

Neblett, E. W., Sosoo, E. E., **Willis, H. A.**, Bernard, D. L., & Bae, J. (2018). Cognitive behavioral models, measures, and treatments for depressive disorders in african

americans. In E. C. Chang, C. A. Downey, J. K. Hirsch, & E. A. Yu (Eds.), *Treating depression, anxiety, and stress in ethnic and racial groups* (pp. 73–97). Washington, DC: American Psychological Association.

Murry, V.M., **Willis, H.A.**, & Neblett, E.W., Jr. (2018). Ethnic-racial socialization. In *The SAGE Encyclopedia of Lifespan Human Development, Bornstein M.H.* Sage Publications, National Institute of Child Health and Human Development.

Neblett, E.W., Jr., Sosoo, E.E., **Willis, H.A.**, Bernard, D.L., Bae, J., & Billingsley, J.T. (2016). Racism, racial resilience and African American youth development. Person-centered analysis as a tool to promote equity and justice. In S.S. Horn, M.D. Ruck & L.S. Liben (Eds.) & J.B. Benson (Series Ed.), *Advances in Child Development and Behavior: Equity and justice in developmental sciences (Vol. 2): Implications for young people, families, and communities, 51*, 43-79. doi:10.1016/bs.acdb.2016.05.004

Paper Presentations

Willis, H.A. & Buchholz, J. (November, 2021). *Sociocultural considerations for assessment and treatment of OCD among diverse groups*. Discussant: Monnica T. Williams, Ph.D. Paper symposium presented at the 2021 Association of Behavioral Cognitive Therapies Convention (Co-Chair; Virtual).

Willis, H.A. Neblett, E.W., Buchholz, J., & Abramowitz, J. (November, 2021). *The Associations between Online Racial Discrimination Experiences and Obsessive-Compulsive Symptoms among Black Youth and Young Adults*. Paper presented at the 2021 Association of Behavioral Cognitive Therapies Convention (Virtual).

Willis, H.A. Neblett, E.W., Buchholz, J., & Abramowitz, J. (November, 2021). *The Associations between Pandemic-Related Anxiety, Online Racism, Racial Identity, and Mental Health among Black Young Adults*. Paper presented at the 2021 Association of Behavioral Cognitive Therapies Convention (Virtual).

Willis, H.A. (February, 2021). *Exploring the Longitudinal Associations between Racial Identity Beliefs and Obsessive-Compulsive Symptoms*. Paper presented at the 2021 Society for Research on Adolescence Virtual Conference.

Willis, H.A. (February, 2021). *Examining the Influence of Culturally-Specific Risk & Protective Factors on the Psychological Well-Being of Black Late Adolescents*. (Chair). Discussant: Enrique W. Neblett, Jr., Ph.D. Paper symposium presented at the 2021 Society for Research on Adolescence Virtual Conference.

Stewart, A., Hamilton, M., Tynes, B. M. & **Willis, H.** (2020, Apr 17 - 21). *From Google Searches to Russian Disinformation: Adolescent Critical Race Digital Literacy Skills and Needs* [Roundtable Session]. AERA Annual Meeting San Francisco, CA <http://tinyurl.com/v4wab8m> (Conference Canceled)

Commented [WHA1]: Add SPSS

Willis, H.A. (November, 2019). *Developing Mobile Applications for Treating Mental Health Symptoms within African American Emerging Adults*. Invited flash paper talk presented at the 2nd Annual Science Policy Symposium, National Science Policy Network, “Leveraging Science and Technology to Benefit Marginalized Communities”.

Willis, H.A. & Neblett, E.W. (June, 2019). *The Longitudinal Role of Coping Behaviors and Racism Vigilance between Racial Identity and Psychological Well-Being*. Presented at the 25th Black Graduate Conference in Psychology, Ann Arbor, Michigan.

Willis, H.A. & Neblett, E.W. (July, 2018). *The Associations between Online Racial Discrimination and Psychological Well-Being: Examining the Influence of Interpersonal Racial Discrimination and Social Media Use*. Presented at the 24th Annual National Black Graduate Conference in Psychology, Washington, D.C.

Willis, H.A. & Neblett, E.W. (April, 2018). *The Longitudinal Influence of Racial Identity on the Psychological Well-Being of African American Emerging Adults*. Presented at the 2018 Society for Research on Adolescence Biennial Meeting, Minneapolis, Minnesota.

Willis, H.A. & Neblett, E.W. (October, 2017). *OCD within African Americans: The Associations between Racial Discrimination, Racial Identity, and Obsessive-Compulsive Symptoms within African American Young Adults*. Presented at the 51st Association of Behavioral Cognitive Therapies Convention, San Diego, CA.

Willis, H.A. & Neblett, E.W. (June, 2017). *Racial Identity Changes: Racial Identity Development and its Association With Anxiety Symptoms for African Americans*. Presented at the 23rd Annual National Black Graduate Conference in Psychology, Prairie View, TX.

Willis, H.A. & Neblett, E.W. (April, 2017). *Examining the longitudinal antecedents and consequences of ethnic-racial regard from early adolescence to late adolescence: The Associations between internalized racism, racial identity, and depressive symptoms*. Presented at the 2017 Society for Research on Child Development Biennial Meeting, Austin, TX.

Willis, H.A. (May, 2013). *In 140 Characters or Less: The Associations between Social Networking Sites, Self-Esteem, and African American College Students*. Presented at Howard University’s Undergraduate Honors Thesis Defense.

Poster Presentations

Willis, H.A. & Neblett, E.W. (March, 2019) *The Associations between Online Racial Discrimination and Psychological Well-Being: Examining the Influence of Racial Identity*. Presented at the 2019 Society for Research on Child Development Biennial Meeting, Baltimore, M.D.

Willis, H.A. & Neblett, E.W. (January, 2019). *The Role of Vigilance and Coping in the Association between Racial Identity and Psychological Well-Being in African Americans*. Presented at the 3rd Annual Leadership Institute hosted by the Robert Wood Johnson Foundation, Indianapolis, Indiana.

Willis, H.A. & Neblett, E.W. (May, 2017). *Changes in Racial Identity and Anxiety within African American Young Adults*. Presented at the 29th Association of Psychological Science Convention.

Willis, H.A. & Neblett, E.W. (September, 2016). *The Associations between Internalized Racism, Racial Identity, and Anxiety Symptoms*. Presented at the 50th Association of Behavioral Cognitive Therapies Convention.

Willis, H.A. & Neblett, E.W. (May, 2016). *The Associations between Internalized Racism, Racial Identity, and Depressive Symptoms*. Presented at the 22nd Annual National Black Graduate Conference in Psychology.

Guest Lectures, Panel Presentations, Community Talks, and Other Media

Panel Presentation: Willis, H.A., Johnson, P., Graves, A., Rivens, A. (January, 2021). *Research 101*. Panel presented to undergraduate and postbaccalaureate students at the 1st annual Emerging Black Child Development Scholars Program, hosted by the Society for Research on Child Development's Black Caucus.

Community Presentation: Willis, H.A., Limowski, A. (January, 2021). *Mental Health during the COVID-19 Pandemic*. Community talk and discussion presented to the Community Advisory Board of Montefiore Hospital at Mount Vernon, NY.

Community Panel Presentation: Willis, H. A., Austin, N., Archer, H. (August, 2020). *Leveraging Tech to Create Accessible and Inclusive Wellness Spaces*. Panel hosted virtually by the 2020 For Us By Us: Black Mental Health Summit.

Virtual Conference (Twitter): Willis, H.A., Stewart, A., Tynes, B. (March, 2020). *Race-related Traumatic Events Online and Mental Health among Black and Latinx Late Adolescents*. Presented virtually at the Society for Research on Child Development's Black Caucus Virtual Conference.
<https://twitter.com/HeyArtez/status/1240842139711479809>

Podcast Discussion: Willis, H.A., Auguste, E. (2020). *Episode 5: The Creation of an App for African-American Mental Health with Henry Willis*. "Rooted Podcast" by the Association of Black Psychologists' Student Circle. <https://podcasts.apple.com/us/podcast/episode-5-creation-app-for-african-american-mental/id1362128085?i=1000440127598>

Panel Presentation: Willis, H.A. & Tynes, B. N. (October, 2019). *Social Media and Mental Health Support in the Digital Age*. Panel hosted by the 2019 Young, Gifted, at Risk, and

Resilience Conference at the University of Michigan by the National Center for Institutional Diversity.

Community Panel Presentation: Willis, H.A., Dowden, A., Sanders, C., Wilder, S. (May, 2019). *Improving Mental Health and Coping with Stress in African American communities*. Panel hosted by the Raleigh-Durham chapter of the National Black M.B.A. Association.

Invited Guest Lectures: *Mobile-Health Options for African American Youth* (April, 2019; November, 2019). Invited to two guest lectures/community talks presented to students and faculty members at North Carolina Central University, Graduate School of Education.

Twitter Chat/Presentation: *Young Black Adults, Mental Health, and Digital Technologies* (March, 2019). Hosted online via Twitter by the Institute of African American Research at the University of North Carolina, Chapel Hill. Link: <https://twitter.com/imoments/1105200302251216897>

Invited Guest Lecture: *Developing a Mobile-Mental Health App for African American Young Adults* (February, 2019). Presented at the Institute of African American Research's seminar series at UNC-Chapel Hill.

Panel Presentation: Willis, H.A., Chen, Y., Yi, J., Spivey, L. (October, 2018). *Diversity Issues in Clinical Psychology and Clinical Psychology Doctoral Programs*. Invited panel hosted by the undergraduate course, "Introduction to Clinical Psychology" at the University of North Carolina, Chapel Hill.

Panel Presentation: Willis, H.A., Bernard, D. L. (March, 2017). *Mental Health within African American Undergraduate Students*. Panel hosted by UNC-Chapel Hill's Alpha Kappa Alpha Sorority, Inc. Chapel Hill, NC.

Panel Presentation: Willis, H.A., Sosoo, E. E., Swafford, F. (August, 2016). *#iThrive: How to slay graduate school*. Panel at the Annual Convention of the Association of Black Psychologists Annual Convention, Arlington, VA.

Panel Presentation: Willis, H.A., Bernard, D., Causey, S., Led by Dr. DeLeon Gray (March, 2016). *Successfully navigating graduate school as a student of color*. Panel at the "Life Before, During, and After Graduate School in Psychology: A Graduate School Preparation Day for Minority Students" hosted by the Center for Developmental Science at the University of North Carolina at Chapel Hill.

Selected Research Experience

SAFE Research Lab
Columbia University School of Social Work
Postdoctoral Research Scientist

August 2021 to Present

Mentors: Desmond Patton, Ph.D., Katherine Shear, M.D.

With grant funding from the Ford Foundation Postdoctoral Fellowship from the National Academies of Sciences, Engineering, and Medicine, I am conducting a novel research project that explores how online race-related experiences impact the psychological functioning of Black youth, and how do ethnic-racial identity processes protect against these experiences. I am also aiding in the development and cultural-adaptation of a mobile-Health platform for treating mental health symptoms for Black and Latinx youth.

Connecting and Reflecting Experience (CARE) Research Lab July 2020 to July 2021

Psychology Intern

Advisor: Amanda Zayde, Psy.D.

Albert Einstein College of Medicine, Child Outpatient Psychiatry Department at Montefiore

Provided research and outreach support to new and ongoing studies related to providing group parenting interventions for underserved parents in the Bronx, NY (manuscript preparation, study design, data analysis, research therapist, etc.). Designed a research project exploring the intergenerational effects of racial discrimination on the psychosocial outcomes of parents and youth enrolled in the lab's parenting intervention.

Anxiety Disorders Research Lab

August 2019 to July 2021

Graduate Research Assistant

Advisor: Jonathan Abramowitz, Ph.D.

UNC Chapel Hill, Department of Psychology & Neuroscience

Provided research support to ongoing study related to obsessive-compulsive disorder. Participated in weekly research lab and journal club meetings. Supervise and advise other graduate students and undergraduate students in ongoing research activities (e.g., completing IRB applications, data analysis and manuscript preparation, etc.)

African American Youth Wellness Lab

August 2015 to May 2019

Graduate Research Scholar

Advisor: Enrique W. Neblett, Ph.D.

UNC Chapel Hill, Department of Psychology & Neuroscience

Provided research support for ongoing studies (manuscript preparation, data analysis, grant preparation, etc.), participated in weekly lab and journal club meetings. Supervised undergraduate students on a variety of research projects. Supervised advanced undergraduate students for their individual research course (PSYC 395) and honor's theses.

Center for Obsessive Compulsive Disorder & Related Disorders March 2014 to July 2015

Anxiety Disorders Clinic

Post-Baccalaureate Research Assistant

Advisor: H. Blair Simpson, M.D., Ph.D.

New York State Psychiatric Institute, Columbia Psychiatry

Provided various forms of research support for ongoing, NIMH funded OCD studies.
Initiated the Center's "Diversity Initiatives" aimed at increasing the recruitment of minorities suffering from Obsessive-Compulsive Disorder into our free treatment studies.
Assisted in screening patients and maintaining patient information for research studies.
Led social media initiatives and managed social media channels and recruitment efforts.

Teaching Experience

Teaching Fellow

Health Psychology

Fall 2017

UNC Chapel Hill, Department of Psychology & Neuroscience
Supervisor/Instructor: Karen Gil, Ph.D.

Provided teaching and instructional support (e.g., grading and administering exams and assignments). Helped organize course and design course material. Developed and led original guest lectures throughout the semester for an upper-level undergraduate course of approximately 35 students. Held weekly office hours.

Teaching Assistant

Introduction to Psychology

Fall 2015, Spring 2016, and Spring 2019

UNC Chapel Hill, Department of Psychology & Neuroscience
Instructors: Jeannie Loeb, Ph.D., David Penn, Ph.D., Elizabeth Adams, Ph.D.

Provided teaching and instructional support (e.g., grading and administering exams and assignments) for classes that ranged from 100 to 300 undergraduate students.

Laboratory Section of Research Methods in Psychology

Fall 2016 and Spring 2017

UNC Chapel Hill, Department of Psychology & Neuroscience
Instructor: Viji Sathy, Ph.D.

Instructor of record for this laboratory section of research methods. Course consisted of approximately 25 students. Designed course lectures and organized course materials. Graded assignments, independent research projects, and research presentations.

Mentorship

Undergraduate Honors Theses Supervised

Angelica Villanueva. (August 2018 to May 2019). *African American Perceptions of Mobile Mental Health Apps*

Mahogany Monette. (August 2017 to May 2018). *The Role of Guilt in Obsessive-Compulsive Symptoms among African American Young Adults*.

Undergraduate Honors Thesis Committee Memberships

Angelica Villanueva (April, 2019). *African American Perceptions of Mobile Mental Health Apps*

Undergraduate Independent Studies Supervised

Angelica Villanueva (Spring 2018)

Brittany Baker (Spring 2018)

Mahogany Monette (Spring 2017)

Dana Mansfield (Spring 2016)

Graduate Research Consultant

August 2015 to June 2016

Provided research support to freshmen seminar students in the African American mental health course with Professor Enrique Neblett, Ph.D.

Selected Research Project Experience

Confronting COVID-19 Loss in Harlem

Fall 2021 to Present

P.I. – Henry A. Willis, Ph.D., Desmond U. Patton, Ph.D., Kathy Shear, M.D.

This project aims to reduce intense and pervasive mental and physical anguish experienced by Harlem's Black community, in physical and digital spaces, as a result of the heavy burden borne by the community during this pandemic. I am leading focus groups and the adaptation of digital mental health tools for treating trauma and grief among the Black community in Harlem, NY.

Obsessive-Compulsive Symptoms in African American Young Adults **Fall 2018 to Present**

P.I. – Henry A. Willis, M.A.; Advisors: Enrique W. Neblett, Ph.D., Jonathan Abramowitz, Ph.D.; Consultant: Monnica Williams, Ph.D.

Designed and currently managing a longitudinal survey-based study that aims to explore the longitudinal impact of experiences of racial discrimination and racial identity beliefs on changes in obsessive-compulsive symptoms in African American young adults. Supported by a research grant from the International OCD Foundation.

Youth's Evaluation of Race-Related Materials Online

Summer 2018 to Present

P.I. – Brendesha Tynes, Ph.D.; Role: Co-Investigator

Co-designed a nationally representative online survey to assess experiences of online racial discrimination, exposure to traumatic events online, as well as mental health outcomes among African American and Latinx adolescents. Assisting in quantitative data analyses, manuscript development, and grant writing.

Developing Mobile Mental Health Apps for African Americans **Spring 2018 to Spring 2019**

P.I. – Henry A. Willis, M.A.; Advisor: Enrique W. Neblett, Ph.D.

Designed and managed an original mixed-methods study that aimed to use client-centered research methods to inform the design and functionality of a mental health

mobile application for treating negative mental health symptoms within African Americans. Supported by a research grant from the Institute of African American Research at UNC-Chapel Hill.

CritMetic Online Media Literacy Intervention **Fall 2016 to Present**
P.I. – Brendesha Tynes, Ph.D, Role: Co-Investigator

Assisting the development and launch of an online media literacy intervention to enhance adolescent coping and critical thinking skills. This platform aims to teach adolescents to critically evaluate race-related materials found online, as well as teach them effective methods to cope with race-related stress induced by online content using digital platforms and virtual reality.

RateMyMedia.org Online Digital Media Equity Tool **July 2016 to July 2018**
P.I. – Brendesha Tynes, Ph.D.; Role: Graduate Research Assistant/Co-Developer

Helped to create, launch, and manage RateMyMedia, the first crowdsourced rating site focused on equity and inclusion in media. This site allows its community of users to rate media (i.e. TV shows, social media apps) based on equity, inclusion, and content, and has the potential to improve access and opportunity for diverse communities.

Racial Equity and Mental Health in Black Families **July 2015 to May 2019**
P.I.-Enrique Neblett, Ph.D.; Role: Graduate Research Assistant

In conjunction with Strengthening the Black Family, Incorporated, we developed a community-academic partnership focused on racism and mental health in African American children, youth, and families in Southeast Raleigh, North Carolina.

Racism-Related Stress and Health **May 2012 to May 2016**
P.I.-Enrique Neblett, Ph.D; Role: Graduate Research Assistant

This project combines survey, physiological, and experimental methods to examine: (1) mechanisms and processes by which racial discrimination might affect health in African American young adults; (2) mental and physical health trajectories of African American young adults following exposure to racism-related stress; and (3) personal race-related attitudes and experiences that affect these mechanisms and trajectories. Assisted with quantitative data collection and analyses.

Clinical Experience

HOPE Center **September 2021 to Present**
First Corinthian Baptist Church/Columbia School
of Social Work
Clinical Supervisor/Clinical Psychologist

Responsible for supervising clinical social workers and mental health counselors during their field placements. The center offers free psychotherapy services to members of the Harlem, New York City community. Responsible for training psychotherapists on delivering evidence-based therapies that are culturally-relevant to the Harlem, NY community. Also responsible for following individual clients and leading grief/trauma related group therapies.

Predoctoral Psychology Internship

July 2020 to July 2021

Combined Track Intern

Adult and Child Outpatient Psychiatry Departments

Montefiore Medical Center/Albert Einstein College of Medicine

Primary Supervisors: Katrina McCoy, Ph.D., Amanda Zayde, Psy.D., Simon Rego, Ph.D.

Bronx, NY

Responsible for all phases of outpatient psychiatric care for children, families, and adult cases, including structured diagnostic intake evaluations, treatment planning and the provision of psychotherapy—which includes “sharing care” with psychiatrists who are prescribing medications (when necessary). Patients present with a variety of concerns (ADHD, ODD, anxiety disorders, mood disorders, psychotic disorders, etc.). Received supervision in a variety of modalities (CBT, DBT, ACT, mentalization and other dynamic approaches, etc.) Currently co-leads a DBT group for adults, and previously co-lead a mentalization-based group intervention for parents. Attends weekly staff meetings, participates in case presentations, and engages in clinical research activities (data analysis, project development, manuscript writing, etc.).

Consultation/Liaison Transplant Surgery Program Rotation

January 2021 to July 2021

Provide consultation to the solid organ transplant teams at the medical center. Member of a multidisciplinary team that evaluates patients with congestive heart failure, liver diseases, and kidney failure. Responsible for a small caseload of transplant patients for individual psychotherapy, meets weekly for supervision, attends meetings for psychiatric/medical consult (when needed), participates in bedside evaluations/interventions, etc.

Butler Center for Children and Families Rotation

July 2020 to December 2020

Montefiore Medical Center/Albert Einstein College of Medicine

Primary Supervisor: Rachel Sheffet, Psy.D.

Bronx, NY

Provided trauma-informed psychological assessments and psychotherapy (i.e., Trauma-Focused Cognitive Behavioral Therapy) to children and families presenting with issues related to child abuse and neglect. Developed an essential awareness of how to treat trauma, whether it takes the form of sexual or physical abuse, exposure to domestic and/or community violence, or the living conditions of urban poverty. Participated in weekly case presentations, group supervision, and didactics related to delivering trauma-informed care. Observed forensic interviews of children who experienced trauma.

Anxiety and Stress Disorders Practicum**August 2019 to June 2020**

UNC Psychology Community Clinic
Supervisor: Jonathan Abramowitz, Ph.D.
Chapel Hill, North Carolina

Conducted assessment services and weekly cognitive behavioral therapy and exposure-based therapy for individuals presenting with anxiety disorders. Conducted structured diagnostic interviews (e.g., Anxiety Disorders Interview Schedule) with new patients. Presenting concerns included panic disorder, obsessive compulsive disorder, social anxiety disorder with comorbid depression, and generalized anxiety disorder. Participated in weekly didactic seminar on theory and technique; participated in weekly group and individual supervision.

Acute Inpatient Adolescent Unit Practicum**August 2018 to May 2019**

Central Regional Hospital
Supervisor: Jamie McDonough, Ph.D.
Butner, North Carolina

Conducted individual and group psychotherapy with adolescents from a variety of diverse backgrounds with severe psychopathology between the ages of 12 to 17 at an inpatient psychiatric hospital. Therapy provided was primarily short term and goal-focused and included approaches from behavioral, disorder, cognitive-behavioral, interpersonal, dialectical behavioral, and collaborative problem solving frameworks. Developed case conceptualizations, generated treatment plans, and monitored treatment progress. In addition, conducted psychological evaluations, wrote reports detailing assessment results and recommendations. Received didactic training in administering, scoring, and interpreting projective, personality, and cognitive assessment batteries. Participated in weekly group and individual supervision.

Residential Home/Residential Shelter Practicum**August 2017 to January 2018**

Families Moving Forward Shelter
Supervisor: Deborah J. Jones, Ph.D.
Durham, North Carolina

Piloted a training practicum that provided no-cost psychological interventions (i.e., behavioral parent training; Helping the Noncompliant Child) for low-income families who were currently homeless and had children exhibiting several behavioral problems (i.e., oppositional defiant behavior, ADHD).

UNC Family Medicine Hospital Practicum**August 2017 to May 2018**

Family Medicine Outpatient Hospital
Supervisor: Linda Myerholtz, Ph.D.
Chapel Hill, North Carolina

Provided clinical intake assessments, conducted individual and family therapy, and conducted brief psychological assessments in an integrated primary care setting to new and existing adolescent and adult patients (ages 18 to 74) at the UNC Family Medicine Center. Developed case conceptualizations, generated treatment plans, and monitored treatment progress. Therapy provided was primarily problem-focused and included approaches from behavioral, cognitive-behavioral, interpersonal, frameworks. Clients presented with a variety of concerns including ADHD, anxiety, personality disorders domestic violence, mood disorders, adjustment disorders, chronic pain, crisis management, and suicidality. In addition, co-led adult mindfulness group and conducted clinical consultations, risk assessments, and collaborated with primary care doctors on patient care. Participated in weekly individual supervision. Clients were primarily from diverse backgrounds (e.g., African Americans and Latinx communities, low-income, and/or geriatric backgrounds).

Advanced Assessment Practicum

August 2017 to May 2020

UNC Psychology Community Clinic
Supervisor: Kristin Austin, Ph.D.
Chapel Hill, North Carolina

Conduct full diagnostic assessments in an outpatient mental health center, with children, adolescents, and adults (ages 10 – 23) presenting primarily with concerns related to ADHD, learning disorders, and academic/work difficulties. Administer tests of cognitive ability, achievement, attention, and a range of psychiatric symptoms; make behavioral observations; consulted with teachers and other health care providers as necessary; interpret test results; develop diagnostic impressions; write full diagnostic integrative reports; provide feedback to individuals and families. Participate in and presented cases in biweekly didactic seminar and group supervision and individual supervision.

Advanced Child and Family Practicum

August 2016 to May 2020

Tantrum Tamers: Behavioral Parent Training Research Practicum
UNC Psychology Community Clinic
Supervisor: Deborah J. Jones, Ph.D.
Chapel Hill, North Carolina

Provide one evidence-based Behavioral Parent Training (BPT) program, Helping the Noncompliant Child, to families of children (ages 3-7) with disruptive behavior disorders for NIMH-funded study of the efficacy of technological enhancements in improving outcomes for primarily low SES and ethnic minority families. Participate in a weekly didactic focused on the theory of Behavioral Parent Training (BPT) and the skills of Helping the Noncompliant Child. Present cases in weekly group supervision.

Outpatient Adult Practicum

August 2016 to May 2018

UNC Psychology Community Clinic
Supervisor: Erica Wise, Ph.D.
Chapel Hill, North Carolina

Provided individual and family therapy to young adults (ages 18-22) in an outpatient mental health center. Used primarily behavioral and cognitive-behavioral techniques with clients presenting primarily with mood disorders, anxiety, and adjustment problems. Participated in and presented cases in weekly didactic seminar and group supervision; received weekly individual supervision.

School-Based Psychological Services Practicum August 2016 to May 2017
Chapel Hill, Durham, and Pittsboro Elementary Schools
Supervisor: Dore Laforett, Ph.D.
Chapel Hill, Durham, and Pittsboro, North Carolina

Trained in Incredible Years Dinosaur School (IY) evidence-based treatment. Co-leader of several IY group therapies at low socioeconomic school for at-risk children with behavioral problems (e.g., disruptive behavioral disorders, ADHD, etc.). Received weekly supervision on all assigned cases from licensed psychologists and advanced graduate students. Consulted with teachers and school counselors to coordinate care.

Additional Clinical Experience

Psychological Counselor at Summer Studies Program May 2016 to August 2016; May 2017
Duke University Talent Identification Program
Supervisors: Elizabeth Conaway, LCSW, BCD; Shayne Goodrum, Ph.D.
Houston, Texas and Durham, North Carolina

Provided psychological counseling services to adolescents (ages 11 to 16) at a summer academic program. Provided individual crisis consultations and interventions to students who were experiencing social, emotional, behavioral, or academic difficulties. Conducted in-service workshops, as requested, for instructional and residential staff on topics such as child abuse, crisis intervention, learning disabilities, medications, and self-destructive behavior prevention. Also assisted residential staff in cases of crisis assessment and prevention. Trained incoming psychological counselors on best methods for intervening with children with social, emotional, or academic difficulties (May 2017).

G.H. Sergievsky Center May 2014 to August 2015
Huntington's Disease Center of Excellence
Columbia University Medical Center
Supervisor: Karen Marder, M.D., M.Ph.
New York, NY

Provided research support for numerous grant-funded clinical trials. Administered neuropsychological assessments to Huntington's Disease patients (Certification Received). Managed weekly free clinic for Huntington's Disease patients in NYC Area. Observed weekly patient rounds of the Center's neurologists, psychiatrists, & social worker. Completed various other clinical/research duties (e.g., grant writing support, social work forms/letters for patients, etc.).

Center for Obsessive Compulsive Disorder & Related Disorders May 2014 to July 2015

Anxiety Disorders Clinic

New York State Psychiatric Institute, Columbia Psychiatry

Supervisors: H. Blair Simpson, M.D., Ph.D.; Carolyn Rodriguez, Ph.D.

Conducted home visits to patients to assess symptom severity and treatment adherence in NIMH funded Hoarding study (“Critical Time Intervention for People with Hoarding Disorder”). Trained as a “De-Cluttering Specialist” for a novel intervention study.

Provision of Clinical Supervision

Hope Center

October 2021 to Present

First Corinthian Baptist Church

Supervisor: Lena Green, Ph.D.

Supervised adult therapy cases of social work and mental health counselor students during their clinical training placement, using primarily behavioral and cognitive-behavioral techniques. Reviewed recorded sessions and provided feedback; met weekly for individual supervision to discuss case conceptualization and treatment planning; provided training and guidance in all elements of clinical training, case management, and administrative duties. On-call for assistance with risk assessment and decision-making as needed. Received weekly supervision of supervision from a licensed psychologist.

Outpatient Adult Practicum

August 2018 to August 2019

UNC Chapel Hill

Department of Psychology, Clinical Psychology Program

Supervisor: Erica Wise, Ph.D.

Supervised an adult therapy case of a second-year graduate student during their first year of clinical training, using primarily behavioral and cognitive-behavioral techniques. Reviewed recorded sessions and provided feedback; met weekly for individual supervision to discuss case conceptualization and treatment planning; provided training and guidance in all elements of clinical training, case management, and administrative duties. On-call for assistance with risk assessment and decision-making as needed. Received weekly supervision of supervision from a licensed psychologist.

Professional Affiliations

The Black Caucus of the Society for Research on Child Development (2019 to Present)

The Black Graduate and Professional Student Association at the University of North Carolina, Chapel Hill (2015 to 2020)

Positions Held: President (May 2017 to 2020); Treasurer (August 2016 to May 2017)

Association of Behavioral Cognitive Therapies (2017 to Present)

Society for Research on Child Development (2017 to Present)

Association for Psychological Science (2017 to Present)

Association of Black Psychologists, Student Circle (2016 to Present)

Positions Held: Southern Regional Graduate Representative (Spring 2016);

Communications Chair (Fall 2016 to Summer 2018)

Society for Research on Adolescence (2016 to Present)

Society for a Science of Clinical Psychology (2015 to Present)
Psi Chi National Honor Society in Psychology, Columbia Graduate Chapter (2013-2015)
The Black Student Network at Teachers College, Columbia University (2013-2015)
Positions Held: Vice President of Communications, Marketing, & Media (2014 to 2015)
Golden Key International Honor Society (2012)
National Society for Collegiate Scholars (2012)

Special Trainings

Combined Internship (Child, Family, and Adult Psychopathology & Psychotherapy) in Health Services Psychology, Montefiore Medical Center/Albert Einstein College of Medicine (2021)
Formal Concentration in Quantitative Psychology, Department of Psychology & Neuroscience, UNC Chapel Hill (2020)
Certificate in Community Transformation, 100 Million Healthier Lives, Institute for Healthcare Improvement (2019)
University of North Carolina Chapel Hill Safe Zone Ally, UNC-CH (2017)

References

Enrique W. Neblett, Jr., PhD

Professor, Health Behavior and Health Education
2766 SPH I, 1415 Washington Heights
University of Michigan
Ann Arbor, MI 48109
eneblett@umich.edu

Jonathan S. Abramowitz, Ph.D.

Professor, Department of Psychology & Neuroscience
Davie Hall
University of North Carolina at Chapel Hill
Chapel Hill, NC 27599-3270
jabramowitz@unc.edu

Karen M. Gil, Ph.D.

Professor, Department of Psychology and Neuroscience
Davie Hall
University of North Carolina at Chapel Hill
Chapel Hill, NC 27599-3270
kgil@email.unc.edu

Brendesha Tynes Ph.D.

Professor, Rossier School of Education
3470 Trousdale Pkwy, WPH 600D
University of Southern California
Los Angeles, CA 90089
btynes@usc.edu

