



Causha A. Spellman-Timmons, MSW
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Work Experience

University of Hawaii at Manoa / Jan. 2019 - May 2020

Work. Lecturer. Myron B. Thompson School of Social Work. Department of Social

EPIC `Ohana, Inc. / Sept. 2018 - August 2020

As the Youth Partner Supervisor, I supervise a team of Youth Partners who provide peer support to youth who are receiving either Child Welfare or Child and Adolescent Mental Health services; assisting in the structuring of the youth partner program; sit on youth serving community committee meetings. In addition, I am assisting in the building of curriculum and training in the on-boarding of Youth Partners.

H.O.M.E. (Honoring Our Mindful Experiences) Training and Consulting Services / July 2018 - Present

Founder, consultant, and presenter on issues related to diversity and inclusion, including SOGIE (Sexual Orientation and Gender Identity & Expression) individuals and community, as well as other marginalized populations, youth development, & programming.

GLSEN-HI / Jan. 2018 - August 2020

As Policy Coordinator for GLSEN-HI, I lead advocacy and support for policies at the local, state and national levels that directly impact LGBTQ+ youth, and all youth, to create safe and affirming schools and community.

CEEDS of Peace / March 2017-June 2019

Co-founded and co-facilitate “Youth Talk Back”. A community-based youth program that centers youth voices of Hawaii in creating action plans &/or passion projects for their communities.

Domestic Violence Action Center / Aug. 2016 - Aug. 2018

As the Teen Advocate for the Teen Alert Program, I provided brief-counseling, intervention, and assessment as well as prevention education trainings and workshops for intermediate, high school, college students, community youth, community members, teachers, parents, etc., as requested; Provided long-term case-management services to youth ages 13-21 involved in Intimate Partner Violence (IPV) relationships; Provided court accompaniment to clients for family and criminal court hearings; Maintain statistics for all clients, court accompaniments, agency/service referrals, etc.; Provided safety planning, DV education, Counseling, and other community service referrals; Co-developed and facilitated an ongoing, six-part, 12-hour training on LGBTQ+ competency

for the agency, and training is available for other community agencies/organizations/programs.

University of Hawaii, College of Education Curriculum and Research Development Grp. Summer Programs / June 2015 - Aug. 2015

As the Student Services Coordinator, I utilized effective leadership, advocacy, collaboration, and counseling skills; promoted student success and provided preventive counseling services that addressed academic, social, and behavioral issues and/or needs for all CRDG Summer Programs students in grades 2-12. Consulted and collaborated effectively with parents/guardians, administrators, and other educational/community resources; documented, recommended, and implemented a course of actions for students in grades 2-12 who had particular concerns and/or needs on campus that had been identified.

University of Hawai'i at Manoa Athletic Academic Center / Jan. 2015 - May 2015

As an academic mentor I provided assistance on time management, organization, writing development and homework skills for athletes at the university.

Lindamood-Bell Learning Processes / June 2013 - July 2014

As a clinician, I tutored clients within an intensive program following the curriculum given per client within a one-on-one setting

Antioch Unified School District / Feb. 2007 - June 2012

As a special education instructional assistant, I assisted in the teaching, development of children, and daily activities in a classroom setting.

Relevant Unpaid Experience.....

August 2017: Co-organized and facilitated a three-day Anti-sex trafficking campaign with community agency collaborators.

August 2015-May 2016: Queens' Medical Center Youth Partial Hospitalization Program Practicum Student. Trained and conducted self as social worker/clinical worker with the Youth Partial Hospitalization Program; conducted client intakes/suicide risk assessments, bio/psycho/social assessments; created Master Treatment Plans and treatment plan reviews; facilitated group therapy sessions such as cognitive behavioral therapy (CBT), dialectical behavioral therapy (DBT), Anger Management, Communication, Sexuality, etc. Facilitated individual and family therapy sessions. Also trained and practiced in administrative tasks such as billing, client notes, and group therapy notes. Clients included youth aged 12-18+ as well as family members and other client treatment team members.

August 2014-June 2015: Court Appointed Special Advocate & Ho'olokahi Program Practicum Student. With CASA I trained as a social worker and worked as a Guardian ad Litem for youth who enter the foster care system as an advocate. With the

Ho'olokahi Program, I worked in facilitating orientations with parents entering family court who qualify for full-time family court attorneys.

August 2014 - May 2015: Waianae High School. Volunteer hours in Waianae High School freshman English classroom with small groups and large groups of students with assignments given by instructor; as well as volunteer chaperone for school trips.

January 2014-June 2014: MISSSEY (Motivating, Inspiring, Supporting and Serving Sexually Exploited Youth). Direct Services Intern. Assisted in the direct service of providing, within the organization, services to young women ages 12-19yrs who have been commercially sexually exploited. Assisted in the S.P.A. (Safe Place Alternative) facilitation; participated in volunteer opportunities within the organization; served on the Gala committee as an auction committee member; overall, spent time using activities to promote empowerment and self-esteem.

October 2010-May 2011: Contra Costa Crisis Center. Monitored and engaged the children on my scheduled days of volunteering. I also assisted in the feeding and any other necessary activities; center was for children ages 0-12.

Presentations/Trainings/Workshops.....

Oct. - Nov. 2019: Hawaii State Training in Partnership with Programs Hawaii, DHS, and others: **Presentation Title:** Creating Safe and Affirming Homes for Foster Youth: A Training for Resource Caregivers and Everyone Else.

April 2019: Institute on Violence, Abuse, and Trauma (IVAT) Hawaii Summit: **Presentation Title:** The LGBTQ/T+ community, Intimate Partner Violence and Sexual Assault: Things to Consider.

April 2019: Building Competency in Serving LGBTQ+ Youth Conference. **Presentation Title:** Creating Safe and Affirming Educational Environments.

October 2018: Panelist - "The Good Person of Setzuan" Pre-Show Panel Discussion: Discussion on issues present in play such as identity, gender dynamics, gender politics, and altruism in a capitalist society.

July 2018: State Training - Working with Underserved Victims of Crime: Presenter for working with LGBTQ+ community members who are victims of crime.

April 2018: LGBTQ+ Training for Family Court Judges: Panel Member

April 2018: Institute on Violence, Abuse and Trauma (IVAT) Hawaii Summit: Presenter on Intimate Partner Violence (IPV) in the LGBTQ+ Community.

September 2017: Hawaii State Coalition Against Domestic Violence Annual Conference: Panel Member, Presenter and Co-presenter **Presentation Title:** Teen Dating Violence and the Teen Alert Program; An Introduction to LGBTQ+ Community and the Intersection of IPV

July 2017: CASA-Hawaii Statewide Conference 2017. **Presentation Title:** Teen Dating Violence and Hawaii's Response

April 2017: Building Competency in Serving LGBT Youth Conference. **Presentation Title:** LGBTQ+ Youth and Teen Dating Violence

'15-'16 School Year: Waianae High School. Identity presentation and workshop in Waianae High School freshman English class. **Purpose-**to create safe space conversations on what identity means to us and how it can influence *if* and *how* we choose to lead.

Memberships

- Board Member, GLSEN-HI
- Member, NASW Hawaii Chapter
- Phi Alpha Nu Sigma Honor Society

Education

Masters of Social Work
University of Hawaii @ Manoa
May 2016
Bachelor of Arts, Child and Adolescent
Development
San Francisco State University
May 2014

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